



PACIFICA
GRADUATE INSTITUTE

THESIS
PRESENTATION
DAY

Master of Arts in
Counseling Psychology

Friday, May 26, 2023
Nine o'clock in the Morning

Schedule Overview

Continental Breakfast

Dining Hall
8:00 — 9:00am

Resting Room with Art and Music

Room A120
8:00am — 4:30pm

C Track Presentations

Room A102
9:00am — 4:15pm

C Track Luncheon Buffet served on the Main Lawn 12:00pm—1:00pm

D Track Presentations

Room A101
1:00pm — 4:15pm

D Track Luncheon Buffet served on the Main Lawn 12:00pm—1:00pm

W Track Presentations

Room A101
9:30am — 12:00pm

W Track Luncheon Buffet served on the Main Lawn 12:00pm—1:00pm

V Track Presentations

Room A140
9:30am — 4:15pm

V Track Luncheon Buffet served on the Main Lawn 12:30pm—1:30pm

All Community Closing Ritual

Barrett Center, 4:30pm

About the Master of Arts in Counseling Psychology Thesis Process

The Counseling Psychology thesis is the culminating expression of students' graduate course of studies and provides a forum for contributing back into the larger academic and clinical community. Students are encouraged to select a research question they wish to explore in depth, and with that question:

- pursue an area of individual interest relevant to marriage and family therapy, professional clinical counseling, and depth psychology;
- ground this particular area of interest in a conceptual framework and;
- demonstrate competency expressing ideas with clarity and precision.

The act of writing is a way to free the imagination to explore, to see relationships, to intuit possibilities, and to glean new and provocative insights. It is a creative act that works to bring the voices of authority into a common cause with the author's own unique voice in order to discern what has not been articulated in just such a way before.

Master of Arts in Counseling Psychology
C Track Thesis Presentations

Room A102
9:00am—4:15pm

Hosted by Gioia Jacobson, MA, LMFT
Director of Research

Zoom: Please register in advance

<https://zoom.us/meeting/register/tJcsceigqTIsGdctlaWCXNzGyKIGvTDiROFv>

Welcome and Introductions
Gioia Jacobson, MA, LMFT
9:00-9:10

Kaitlyn Allen
9:10-9:25

**A Journey Beyond the Interior: Exploring Shame and Traumatic Brain
Injury in Women**
Advisor: C.D. Taylor, PhD

Justine Andersen
9:25-9:40

**Assessing and Treating Postpartum Depression: A Multicultural
Exploration of Before, During, and After Pregnancy**
Advisor: Elisabeth Gonella, MA, LMFT

Danielle Sheridan

9:40-9:55

Soil for the Starved Soul: Reclaiming the Roots of Desire in the Eating-Disordered Psyche

Advisor: C.D. Taylor, PhD

Break 9:55 - 10:05

Jillian Bourdon

10:05-10:20

Boundaries of Self: A Conversation Between Individuation and Interconnection

Advisor: C.D. Taylor, PhD

James Brighton

10:20-10:35

Creativity as Therapeutic Container for Transformative Falling Apart: A Healing Fiction

Advisor: Kathee Miller, MA, LMFT

Gianna Cavallaro

10:35-10:50

Nightsapes of the Tarot: An Artistic Method for Working With Nightmares

Advisor: Barbara Boyd, MA, LMFT, LPCC

Break 10:50-11:00

Paul Wilcox

11:00-11:15

The Inner Realms: An Evolutionary Struggle Between Hope and Despair

Advisor: Barbara Boyd, MA, LMFT, LPCC

Karma Fry

11:15-11:30

The Elephant in the Room: Psychological Defenses of the White Racial Identity

Advisor: Elisabeth Gonella, MA, LMFT

Arianne MacBean

11:30-11:45

Ariadne's Thread: A Depth Psychology Exploration of Liminal Immanence
in Dance/Movement

Advisor: Kathee Miller, MA, LMFT

Mary McDonald

11:45-12:00

Exploration of the Unconscious Processes in Premenstrual Dysphoric
Disorder

Advisor: Gioia Jacobson, MA, LMFT

C Track Lunch 12:00-1:00pm

Shawna McGrath

1:00pm-1:15pm

The Psychopomp Function: Correlations Between Psychotherapists and
Mythic Figures Who Guide Souls After Death

Advisor: Gioia Jacobson, MA, LMFT

Virginia Melin

1:15pm-1:30pm

A Parent-Child Circle: Fostering Conscious Connection to Earth as a Rite of
Passage

Advisor: Gioia Jacobson, MA, LMFT

Nicole Mosher

1:30pm-1:45pm

Healing the War Within: The Bisexual Psyche in Sexual Assault and
Hysteria

Advisor: Michael Elliott, PhD

Break 1:45-1:55pm

Sara Murdoch

1:55pm-2:10pm

Return to the Wild: Healing Patriarchal Wounds by Reconnecting to
Natural Ways of Being

Advisor: Alonso Dominguez, MA, LMFT

Suzanne Nakamura

2:10-2:25pm

From a Grieving Heart: Creating Therapeutic Rituals

Advisor: Rebecca Pottenger, MA, LMFT

Felicia Romano

2:25pm-2:40pm

Resonance and Dynamic Selfhood in Psychotherapy: An Inquiry Into

Values

Advisor: Elisabeth Gonella, MA, LMFT

Break 2:40pm-2:50pm

Annabelle Baskin

2:50-3:05

Proactive Couples Therapy: Soul-Work for Partners

Advisor: Kathee Miller, MA, LMFT

Dylan Watson

3:05pm-3:20pm

Adventuring Into the Imaginal: The Therapeutic Function of Mythopoesis
in Tabletop Role-Playing Games

Advisor: Kathee Miller, MA, LMFT

Brianna Dellinger Spencer

3:20pm-3:35pm

Regard for Reality Television: A Depth Perspective on Docusoaps

Advisor: C.D. Taylor, PhD

Break 3:35pm-3:45pm

C Track Presenter Panel 3:45pm-4:15pm

Closing Ritual in Barrett Center - 4:30pm

Master of Arts in Counseling Psychology
W Track Thesis Presentations

Room A101

9:30am—12:00pm

Hosted by Jacquelyn Toth, MA, LMFT
Research Associate

Zoom: Please register in advance

<https://zoom.us/meeting/register/tJEuceCppjMpHNTc1hxxlVmzXFDNfVWNJbxi>

Welcome and Introductions: Jacquelyn Toth, MA, LMFT
9:30-9:45

Dani Walker Kreutter
9:45am-10:00am

Living Ways of Wisdom: The Spiritual Path of Motherhood
Advisor: Aaron Kipnis, PhD

James Kalupson
10:00am-10:15am

**Symphonies of Consciousness: A Depth Psychological Investigation Into
the Role of Music in Psychedelic-Assisted Psychotherapy**
Advisor: Barbara Boyd, MA, LMFT, LPCC

Break 10:15am-10:30am

Moriah Stapf
10:30 am-10:45am

**Restoring Vibrancy in a Soul-Sucking Society: Turning Toward
Psychedelic-Assisted Therapy to Transform the Self**
Advisor: Thomas Steffora, MA, LMFT

Britta Leffler

10:45am-11:00am

Linking Adverse Childhood Experiences and Chronic Health Issues:
Implications for Clinicians

Advisor: Thomas Steffora, MA, LMFT

Vanessa Flores

11:00am-11:15am

Finding Healing, Acceptance, and Comfort in Grief: A Journey Through
Dreams, Symbols, Signs, and Spirituality

Advisor: Elisabeth Gonella, MA, LMFT

Break 11:15am-11:30am

W Track Presenter Panel 11:30am-12:00pm

W Track Lunch 12:00-1:00pm

Master of Arts in Counseling Psychology
D Track Thesis Presentations

Room A101
1:00—4:15pm

Hosted by Thomas Steffora, MA, LMFT
Research Associate

Zoom: Please register in advance
<https://zoom.us/meeting/register/tJEuceCppjMpHNTc1hxxlVmzXFDNfVWNJbxi>

Welcome and Introductions
Thomas Steffora, MA, LMFT
1:00-1:10pm

Logan Billingsley
1:10-1:25pm
Hearing Nature's Voice: Archetypal Roots of the Split Between Western
Culture and the Natural World
Advisor: Rebecca Pottenger, MA, LMFT

Agnes Cartry-Jacobsen
1:25-1:40pm
Dynamic Voicing: Nonverbal Expression as Perceptual Bridge From
Unconscious to Conscious Awareness
Advisor: Rebecca Pottenger, MA, LMFT

Minnie Goode
1:40-1:55pm
The Bisexual's Ever-Revolving Closet Door: Identity Formation in a
Monosexist Society
Advisor: Kathee Miller, MA, LMFT

Break 1:55pm-2:05pm

Claudia Hammerschmidt

2:05-2:20pm

The Impact of Grief on a Secure Attachment Style

Advisor: Michael Elliott, PhD

Jessica Hyatt

2:20-2:35pm

The Whore Complex: An Archetypal Analysis of United States Perspectives
on Female Sex Workers

Advisor: Kathee Miller, MA, LMFT

Anthony Musick

2:35-2:50pm

Interconnected Metamorphosis: Spiritual Awakening and Addiction
Recovery

Advisor: Thomas Steffora, MA, LMFT

Break 2:50pm-3:00pm

Allison Rees

3:00pm-3:15pm

Enter the Dungeon: Exploring the Crucible of the Dark Erotic Imagination

Advisor: Michael Elliott, MA, LMFT

Kai Tilley

3:15-3:30pm

Treating Young Lesbians of Color: The Intersectional Queer Affirmative
Therapeutic Model

Advisor: Kathee Miller, MA, LMFT

Catiflor Wright

3:30-3:45

Pain as a Portal: A Feminine Quest for Individuation

Advisor: Kathee Miller, MA, LMFT

Jen Antill

3:45-4:00

Growing Rooted: The Psychological Impact of Creating
Attachment to Place

Advisor: Joanna Walling, MA, LMFT

D Track Presenter Panel 4:00-4:20pm

Closing Ritual in Barrett Center – 4:30pm

Master of Arts in Counseling Psychology
V Track Thesis Presentations

Room A140
9:30—4:15pm

Hosted by Joanna Walling, MA, LMFT
Research Associate

Zoom: Please register in advance
<https://zoom.us/meeting/register/tJEqc-2uqD4vG9EYFIgjNT9m8TPu5MsaGaVr>

Welcome and Introductions
Joanna Walling, MA, LMFT
9:30-9:45am

Crystal Carson
9:45-10:00am
Descent to the Depths: A Mythopoetic Approach to Grief
Advisor: Jacquelyn Toth, MA, LMFT

Sam Cohen Paz
10:00-10:15am
Finding Healing Through Humor in Gay-Affirmative Therapy
Advisor: Thomas Steffora, MA, LMFT

Gabriella D'Urso
10:15-10:30am
In Search of Wholeness: The Journey to Self through Astrology and Individuation
Advisor: Ifat Peled, PhD

Break 10:30am-10:45am

Alexandra Dolce

10:45am-11:00am

Facing Shadow in The Eyes of The Lover: A Ceremonial Approach to
MDMA-Assisted Couples Therapy

Advisor: Elisabeth Gonella, MA, LMFT

Lena Firestone

11:00am-11:15am

Individuation and the Symbolic Support of Weaving One's Own Chrysalis

Advisor: Joanna Walling, MA, LMFT

Nicole Pascavis

11:15am-11:30am

Doubt as a Doorway to Self-Determination: Exploring Clients' Doubt in
Psychotherapy as Therapeutic Opportunity

Advisor: Elisabeth Gonella, MA, LMFT

Break 11:30am-11:45am

Elizabeth Haley

11:45-12:00pm

On Ritual: Individual Growth and Cultural Change

Advisor: Ifat Peled, PhD

John Jack Litterst

12:00pm-12:15pm

The Ecological Subject

Advisor: Rebecca Pottenger, MA, LMFT

Jonathan Klein

12:15pm-12:30pm

Tunnels Through the Unconscious: An Exploration of Ketamine-Assisted
Psychotherapy

Advisor: Elisabeth Gonella, MA, LMFT

V-Track Lunch

12:30-1:30pm

Leeza Legg

1:30pm-1:45pm

Wounded Goddess: Fragmentation and the Female Psyche

Advisor: Joanna Walling, MA, LMFT

Michaela Mujica-Steiner

1:45pm-2:00pm

The Double-Headed Goddess: Re-Membering the Lost Archetype of
Feminine Wholeness

Advisor: Jacquelyn Toth, MA, LMFT

Preyanka Gulati

2:00-2:15pm

Intricate Realms of the Erotic and Dance: Historical Themes and
Archetypes Under India's Brahminical Patriarchy

Advisor: Thomas Steffora, MA, LMFT

Break 2:15-2:30pm

Catherine Taylor

2:30-2:45pm

Nature as Divine Mother: A Depth-Oriented Ecopsychological Approach to
Treating Binge-Eating Disorder

Advisor: Rebecca Pottenger, MA, LMFT

Jalene Vincent Welch

2:45-3:00pm

Increasing Affordances for Outdoor, Unstructured, Risky Play as a
Response to Children's Pandemic-Related Stress

Advisor: Elisabeth Gonella, MA, LMFT

Shannon Algeo

3:00-3:15pm

Soul Retrieval: Poetry Therapy for Recovery of the Lost Self from
Smartphone Attachment

Advisor: Thomas Steffora, MA, LMFT

Jennifer Emblom Castro

3:15-3:30pm

Exploring the Ancient Mysteries of the Pineal Gland: A Doorway to
Expanded States of Consciousness

Advisor: Ifat Peled, PhD

Break 3:30-3:45pm

V Track Presenter Panel

3:45-4:15

Closing Ritual in Barrett Center – 4:30pm

