



The Pacifica Guide



PACIFICA
GRADUATE INSTITUTE

Welcome

we appreciate your interest, and invite you to explore this guide and learn more about Pacifica Graduate Institute and our unique approach to graduate education.

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THE PACIFICA STORY

Pacifica Graduate Institute is an innovative, employee-owned graduate school with singular dedication to the purpose expressed in its motto: *animae mundi colendae gratia*—for the sake of tending soul in and of the world.

Pacifica's genesis was in response to the Vietnam War and cultural upheaval of the early 1970s. In the small university town of Isla Vista, California, a group of concerned individuals saw returning veterans, families, and young people in distress. They gathered resources and developed a community counseling outreach program to aid those around them.

That community initiative evolved into a graduate program in counseling psychology. What was then known as the Human Potential Movement influenced both the degree program and its founders. Following the push of the times and their own calling, they attended workshops and trainings at the Esalen Institute. There they came to know Joseph Campbell, James Hillman, and the work of Marion Woodman—pioneering thinkers who made frequent trips to Santa Barbara as the school and its programs evolved. These mentors helped what was then the Human Relations Institute grow into Pacifica Graduate Institute—a respected and accredited graduate school firmly rooted in the traditions of depth psychology.

As Pacifica marks its 40th Anniversary, the world is quite different, yet remarkably the same. Troubled veterans return from war, society faces a bitter partisan divide, and technology presses relentlessly onward. It will take a new generation of therapists, community activists, and storytellers to meet these challenges. As much as they shift and change, the needs that were so obvious 40 years ago are still very real and very much with us.

Tell me, what is it you
plan to do with your one
wild and precious life?

~Mary Oliver



A Personalized, Premier Education

A Pacifica education places people into relationship with one another. They learn in community. Working together, they become open to the imaginative process, which sparks a sense of innovation.

Pacifica students are encouraged to follow their own unique curiosity. As they are mentored by professors and colleagues, their education becomes tailored to their individual goals and interests.

**~STEPHEN
AIZENSTAT, PH.D.,**
Chancellor and
Founding President



The Pacifica faculty has found that those with an affinity for the work done here often share certain traits:

They have the desire to make connections between different aspects of their lives.

They tend to see events as having a fluid quality, as opposed to being literal or concrete.

They are empathetic and interested in exploring both themselves and those around them.

Above all, they have a profound sense of curiosity, accompanied by the courage to pursue it.





PACIFICA'S CUTTING-EDGE approach to graduate education cultivates the imagination in service of psychological work, community activism, research, and creative endeavors. Anchored in the traditions of the Renaissance and the study of innovation, Pacifica's degree programs allow people to get fully in touch with the natural rhythms of human experience. Toward that end, the programs share a number of distinctive academic features.

A DIVERSE, COHESIVE COMMUNITY ~ Students come to Pacifica from across the country and around the world. Most of them are working adults who represent many different ethnic, socioeconomic, and age groups. What they share is an enthusiasm for, and sense of adventure about, the transformational academic journey they have undertaken.

THE COHORT SYSTEM ~ At Pacifica, students learn in collaborative, close-knit cohort groups that become genuine communities sustaining the growth of their members. The relationships formed are often lifelong. Within their cohorts, students find an intimacy that welcomes their whole selves.

AN INTERDISCIPLINARY CURRICULUM ~ The most interesting questions are often asked across academic disciplines. Pacifica's holistic approach to the degree programs' curricula fosters deeper understanding. Study becomes more relevant to the life of our times, and is enlivened by the power of mythic imagination and philosophical exploration.

INNOVATIVE ACADEMIC FORMATS ~ Most of the degree programs are offered in three- or four-day learning sessions once a month. Two degree programs are offered in a blended online/low-residency format. Both formats allow adult learners to pursue graduate studies while maintaining existing commitments.



*Life wants not only the clear but also the muddy, not only the bright but also the dark;
it wants all days to be followed by nights, and wisdom herself to celebrate her carnivals.*

~C.G. Jung

Academic Excellence with a Depth Psychological Orientation

*The debt we owe
to the play of the
imagination is
incalculable.
Without this
playing with
fantasy, no
creative work has
ever come to birth.*
~C.G. Jung



THE CONCEPTS OF DEPTH PSYCHOLOGY

central to Pacifica's orientation—such as the importance of symbol and metaphor, and recognition of the interplay between the natural world and the human psyche—are integrated into all of the Institute's degree programs.

ON A PERSONAL LEVEL, the study of depth psychology and the benefits derived from it are more relevant and meaningful than ever before. The forces that drive contemporary culture, and the frantic pace at which it moves, tend to marginalize and make us forget the substance of what it is to be human. Depth psychology, by focusing on what lies beneath conscious thought and action, has the capacity to put people back in touch with the natural rhythms of the human experience.

AS A THERAPEUTIC MODEL, depth psychology is grounded in the totality of the psyche and informed by the study of dreams and the mythopoetic imagination. Combining conscious and unconscious processes in a holistic fashion, this model offers a rich understanding of human experience. Weaving indigenous as well as traditional mythic and spiritual practices into a tapestry that includes the latest finding of psychodynamic and relational therapies, neuroscientific research, complexity theory, and ecological perspectives, contemporary depth psychology offers a uniquely transformative therapeutic approach.

IN A LARGER SENSE, Pacifica seeks to extend the benefits of depth psychology beyond the classroom or consulting room. The intent is to be a catalyst and—through the diligent application of soulful scholarship—help our students and graduates understand what they are called to create in the world, while enabling them able to profoundly impact the challenges that face us.



*When we stride or stroll
across the frozen lake,
We place our feet where
they have never been.
We walk upon the unwalked.
But we are uneasy.
Who is down there but
our old teachers?
Water that once could take
no human weight—
We were students then—
holds up our feet,
And goes on ahead of us
for a mile.
Beneath us the teachers,
and around us the stillness.*

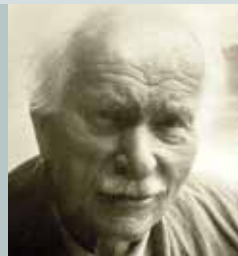
~Robert Bly



Building on a Dynamic, Centuries-old Tradition

The tradition of depth psychology can be traced all the way back to ancient storytellers, dramatists, and philosophers—those individuals from all walks of life who sought to record the workings of the human imagination. From them we learned that the

multiple dimensions of psychic reality are revealed in the art and literature of different cultures, and in the maladies of individuals and communities.



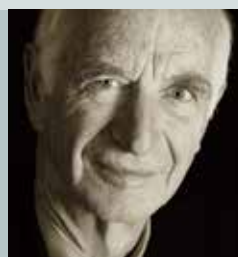
Carl Jung



Joseph Campbell



Marion Woodman



James Hillman

The modern academic and practical field of depth psychology originated with the work of Carl Jung and Sigmund Freud in the early 20th century. They called attention to the importance of what lies below the level of conscious awareness, and pioneered methods of association, amplification, and animation in order to explore it. In time, their work was advanced and expanded upon by seminal thinkers such as Joseph Campbell, Marion Woodman, and James Hillman.

Today, it is being carried forward by a new generation of depth psychologists, many of whom are faculty and graduates of Pacifica Graduate Institute. Pacifica has a sense of purpose in sustaining and developing this rich body of knowledge about the intricacies of the human imagination.

The Lambert Road Campus



People say that we're seeking a meaning for life. I think that what we're really seeking is an experience of being alive, so that our life experiences on the purely physical plane will have resonances within our own innermost being and reality, so that we actually feel the rapture of being alive.

~Joseph Campbell



A 13-ACRE EDUCATIONAL AND ADMINISTRATIVE CENTER NEAR THE PACIFIC OCEAN

Pacifica's Lambert Road Campus is on the former site of a well known philanthropist's 1920s-era estate. Beautifully restored and expanded, the campus is adorned with massive trees and extensive landscaping—all set in harmony with the unique history and ecology of the locale. It is a peaceful setting with fascinating walkways and inspiring views of the nearby Santa Ynez Mountains. In addition to classrooms and lecture halls, the Lambert Road Campus houses faculty and administrative offices, the Joseph Campbell and Marija Gimbutas Library, and branches of the Graduate Research Library and Pacifica Bookstore. An on-campus, organic mini-farm covers several acres and produces fruits, vegetables, herbs, and flowers that are enjoyed on both Pacifica campuses and throughout the local community.





The Ladera Lane Campus

A 35-ACRE EDUCATIONAL AND RETREAT CENTER IN THE COASTAL FOOTHILLS

A short drive from its sister campus on Lambert Road, Pacifica's Ladera Lane Campus is home to a conference center, classrooms, administrative offices, and branches of both the Graduate Research Library and Pacifica Bookstore. The Opus Archives and Research Center's rare collections are also housed on this campus. Residential buildings offer lodging for students when classes are in session, and healthful meals are shared in the large communal dining hall. Spacious lawns present spectacular views of the Pacific Ocean, Santa Barbara Channel Islands, and surrounding Santa Ynez Mountains. Beautiful gardens and wooded pathways afford spaces for quiet contemplation, and a network of hiking trails lead off into the wilderness.



The Guest House

*This being human is a guest house.
Every morning a new arrival.*

*A joy, a depression, a meanness,
some momentary awareness comes
as an unexpected visitor.*

*Welcome and entertain them all!
Even if they're a crowd of sorrows,
who violently sweep your house
empty of its furniture,
still, treat each guest honorably.
He may be clearing you out
for some new delight.*


*The dark thought, the shame, the malice,
meet them at the door laughing,
and invite them in.*

*Be grateful for whoever comes,
because each has been sent
as a guide from beyond.*

~Jalāl ad-Dīn Muhammad Rumi



Support from Exceptional Academic Resources

 Opus Archives and Research Center holds the personal collections of these scholars:

Joseph Campbell

Marija Gimbutas

James Hillman

Marion Woodman

Christine Downing

Katie Sanford

Jane Hollister

Joseph Wheelwright

Adolf Guggenbühl-Craig

Opus also holds the private libraries of Joseph Campbell and Marija Gimbutas.



OPUS ARCHIVES AND RESEARCH CENTER

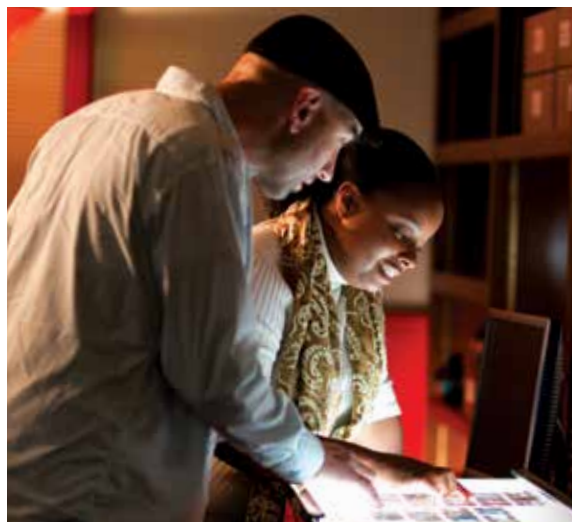
Opus Archives and Research Center is a not-for-profit organization with facilities on both Pacifica campuses. Opus preserves, develops, and extends the collections and libraries that have been placed in its care by eminent scholars in the fields of depth psychology, mythology, and the humanities.

Extremely valuable tools for research, the collections are made available to students and scholars. Opus also offers scholarships, research grants, educational programs, and community events.

[Learn More at opusarchives.org](http://opusarchives.org)

GRADUATE RESEARCH LIBRARY

Pacifica's Graduate Research Library holds special collections related to each of the Institute's degree programs. With branches on both campuses, the library offers access to 24,000 books, journals, and dissertations; audio, video, and psychological testing materials; 100,000 ebooks; and thousands of academic journals.



PACIFICA BOOKSTORE

The Pacifica Bookstore, with branches on both campuses and an online store, stocks more than 5,000 titles, including works by members of the Pacifica faculty, alumni, and other leading depth psychology scholars. The bookstore also offers a consciously chosen selection of clothing, jewelry, and unique objects.

[Browse the Pacifica Bookstore at pacificabookstore.com](http://pacificabookstore.com)





NINETY MILES NORTH OF LOS ANGELES

Pacifica's Lambert Road Campus lies near the ocean just south of Santa Barbara. The Ladera Lane Campus sits in the coastal foothills approximately two miles away.



In a Setting of Remarkable Natural Beauty

The grandeur of the Pacific Ocean and rugged coastal mountains—set off by the charm and character of Santa Barbara and its surrounding communities—help to enrich students' experiences whenever they are in residence on campus.

Degree Programs and Academic Formats

DEGREE PROGRAM	M.A. Degree	M.A./Ph.D. Degree	Ph.D. Degree	Psy.D. Degree	Preparation for Licensure	Start Date	Campus	3-Day Residential Sessions	4-Day Residential Sessions	Hybrid Online/Low-Residency	Residential Weekend Sessions	Residential Weekday Sessions
M.A. in Counseling Psychology	●				●	Fall	Ladera	Monthly			●	●
Ph.D. in Clinical Psychology			●		●	Fall	Lambert		Monthly		●	
Psy.D. in Clinical Psychology				●	●	Fall	Lambert		Monthly		●	
M.A./Ph.D. in Depth Psychology with Specialization in Somatic Studies		●				Fall	Ladera	Monthly				●
M.A./Ph.D. in Depth Psychology with Specialization in Jungian and Archetypal Studies		●				Fall & Spring	Ladera		Quarterly	●	Mid-week through the weekend	
M.A./Ph.D. in Depth Psychology with Specialization in Community Psychology, Liberation Psychology, and Ecopsychology		●				Fall	Ladera	Monthly				●
Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices			●			Fall	Lambert	Monthly			●	
M.A./Ph.D. in Mythological Studies		●				Fall	Lambert	Monthly			●	●
M.A. in Engaged Humanities and the Creative Life	●					Fall & Spring	Ladera		Quarterly	●	Mid-week through the weekend	

QUICK FACTS ABOUT APPLYING TO PACIFICA

Start the process by submitting an online application at pacifica.edu. It takes only a few minutes to complete.

It is not necessary to take the Graduate Record Exam (GRE) to be admitted to Pacifica.

Pacifica admits students throughout the year for Fall enrollment in all programs. The two hybrid online/low residency programs also enroll in Spring.

Financial aid is available to all, regardless of income or economic status. You can apply for financial aid before being accepted to Pacifica. See page 52 to learn more.

For more information on admissions see page 50, contact an admissions advisor at **805.879.7305**, email admissions@pacifica.edu, or chat with a



Pacifica admissions advisor online at pacifica.edu.

The M.A. is a Master of Arts Degree, which is a two to two-and-a-half year program. Depending on the program, the final project may be a thesis or a creative project.

The Ph.D. is a Doctor of Philosophy Degree, requiring two-and-a-half or three years of coursework followed by a dissertation.

The Psy.D. is a Doctor of Psychology Degree, requiring four years of coursework (without summer sessions) and the writing of a dissertation.

For most of the degree programs, students come to campus once a month for three- or four-day learning sessions. Between sessions, they continue reading, research, writing, and practicum experiences. The two hybrid online/low-residency programs allow students to learn in their home environments in conjunction with quarterly residential sessions.

Pacifica Graduate Institute's degree programs are regionally accredited by the Western Association of Schools and Colleges (WASC).

For U.S. Department of Education Gainful Employment Information, visit pacifica.edu/gainfulemployment.



The question of vocation is crucial, and choosing the right one requires listening to the voice within. The root of the word "vocation" is Latin for voice. Learning to trust that inner voice in the face of economic and social pressures that might urge

otherwise is an act of courage. Accessing that courage is the key to finding the voice.

At Pacifica, students span a wide range of ages, coming from a spectrum of diverse backgrounds. They are all committed—not just to getting an education—but to doing something important that carries real meaning for them. I have taught around the world, and have had a great many interesting, engaged students. But I have never found a community that so passionately embraces depth psychological studies as much as this one. Pacifica is such a unique place.

~JOSEPH CAMBRAY, PH.D.

Provost, Pacifica Graduate Institute



This degree program is dedicated to offering students unique, evidence-based comprehensive training in the art of marriage, family, and individual psychotherapy and professional clinical counseling. It also provides students with an appreciation for the systemic and immeasurable dimensions of the psyche.

Depth psychology informed by systems theory invites a curiosity about the psyche and respect for the diversity and resiliency of human experience. Interdisciplinary courses in literature, mythology, religion, and culture deepen students' ability to link collective systems and archetypal themes to sociopolitical issues in the lives of individuals, families, and communities. As preparation for professional licensure, a rigorous academic program emphasizes theoretical understanding and experiential training in applied clinical skills. Research studies prepare students to explore and contribute to the tradition of scholarship within the depth psychological tradition.

M.A. in Counseling Psychology

WITH EMPHASIS IN MARRIAGE AND FAMILY THERAPY, PROFESSIONAL CLINICAL COUNSELING, AND DEPTH PSYCHOLOGY

This dynamic course of study integrates marriage and family therapy and professional clinical counseling with depth psychology, preparing students for a meaningful career through enriched coursework, collaborative and experiential learning, and an engaged relationship with the mysteries of the psyche.

For more than 30 years, Pacifica's M.A. Program in Counseling Psychology has offered distinctive, comprehensive training in the art, science, and practice of marriage and family therapy and professional clinical counseling. As preparation for licensure in Marriage and Family Therapy and Professional Clinical Counseling, this rigorous program emphasizes both theoretical understanding and experiential training in clinical skills. Pacifica students have outstanding pass rates on the California LMFT exams.

Students in the Counseling Psychology Program pursue two-and-a-half years of coursework in Marriage and Family Therapy, Professional Clinical Counseling, Theory and Praxis, Humanities, and Depth Traditions. Research studies prepare students to explore and contribute to the continuing development of scholarship within the marriage and family therapy, clinical counseling, and depth psychological tradition. This underlying emphasis invites a curiosity about the psyche and encourages respect for the diversity of life and human experience. Supervised practicum traineeship provides students the opportunity to apply clinical counseling techniques in a clinical setting. Students continue to learn multi-theoretical perspectives and supervisory styles while working with individuals, couples, families, and groups. Interdisciplinary courses in literature, mythology, religion, and culture deepen students' ability to link archetypal themes to sociopolitical and personal issues in the lives of individuals, families, and communities.

Students who choose to focus on specific areas of interest such as somatic studies, mythology, or expressive art therapy will be mentored through their integration process by faculty members experienced in those respective fields.

At the same time this program prepares students for a meaningful professional career, it serves for many as a formal step towards the fulfillment of a lifelong vocation engaged in learning and relationship with the mystery of the depths.

~ WILLOW YOUNG
Program Chair



ACADEMIC FORMAT

Counseling Psychology classes take place in three-day sessions approximately once each month during the fall, winter, and spring quarters. There is a seven-day summer session each of the first two years.

CURRICULUM OVERVIEW

FIRST YEAR

Fall

- Counseling and Psychotherapeutic Theories and Techniques – CP 501, 2.5 Units
- Introduction to the Theories of the Depth Tradition – CP 534, 2 Units
- Counseling Skills: Process of Psychotherapy I – CP 515, 3 Units
- Professional Skills Development I.A. – CP 565, .25 Unit

Winter

- Human Growth and Development – CP 520, 2 Units
- Geropsychology and Long Term Care – CP 526, 1 Unit
- Ethics and the Law: Child Abuse Assessment and Treatment – CP 525, 1 Unit
- Depth Psychology Theory and Practice I: Analytical Psychology – CP 541, 2 Units
- Counseling Skills: Process of Psychotherapy II – CP 516, 3 Units
- Professional Skills Development I.B. – CP 566, .25 Unit

Spring

- Psychopathology – CP 502, 4.5 Units
- Family Systems and Domestic Violence – CP 605, 1.5 Units
- Depth Psychology Theory and Practice II: Imaginal and Archetypal Psychology – CP 542, 1.5 Units
- Counseling Skills: Process of Psychotherapy III – CP 517, 3 Units
- Professional Skills Development I.C. – CP 567, .25 Unit

Summer

- Multicultural Counseling Theories and Techniques – CP 530, 2.5 Units
- Professional Orientation: Ethics and the Law – CP 523, 3.5 Units
- Research in Psychology – CP 620, .75 Unit
- Group Counseling Theories and Techniques I – CP 527, 1.5 Units
- Professional Skills Development I.D. – CP 568, .25 Unit

SECOND YEAR

Fall

- Clinical Practice I – CP 610, 3 Units
- Child Psychotherapy – CP 532, 1.5 Units
- Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral Addictions I – CP 660A, 3 Units
- Community Mental Health Counseling I – CP 607A, 3 Units
- Seminar in Directed Research I.A. – CP 650A, .3 Unit
- Professional Skills Development II.A. – CP 665, .2 Unit

Winter

- Clinical Practice II – CP 611, 3 Units
- Depth Psychology Theory and Practice III: Archetypal Symbols and Dynamics in Psychotherapy A – CP 543, 1 Unit
- Psychological Assessment I – CP 630A, 2.5 Units
- Marriage, Family, and Relationship Counseling I – CP 601, 3 Units
- Seminar in Directed Research I.B. – CP 650B, .45 Unit
- Professional Skills Development II.B. – CP 666, .25 Unit

Spring

- Clinical Practice III – CP 612, 3 Units
- Counseling in Substance Use Disorders, Co-occurring Disorders and Behavioral Addictions II – CP 660B, 1.5 Units
- Marriage, Family, and Relationship Counseling II – CP 602, 3 Units
- Community Mental Health Counseling II – CP 607B, 1.5 Units
- Seminar in Directed Research I.C. – CP 650C, .3 Unit
- Professional Skills Development II.C. – CP 667, .25 Unit

Summer

- Seminar in Directed Research II.A. – CP 651A, .75 Unit
- Advanced Theories and Techniques: Human Sexuality – CP 522, 1 Unit
- Psychological Assessment II – CP 630B, 2 Units
- Depth Psychology Theory and Practice IV: Dreamwork in Clinical Practice – CP 544, 1 Unit
- Group Counseling Theories and Techniques II – CP 528, 2 Units
- Clinical Practice IV – CP 613, 1 Unit
- Professional Skills Development II.D. – CP 668, .25 Unit

THIRD YEAR

Fall

- Cultural Psychology – CP 511, 2 Units
- Career Development I – CP 608A, .75 Units
- Psychopharmacology I – CP 670A, 2 Units
- Seminar in Directed Research II.B. – CP 651B, 1 Unit
- Depth Psychology Theory and Practice V: Archetypal Symbols and Dynamics in Psychotherapy B – CP 545, 1 Unit
- Clinical Practice V – CP 614, 1 Unit

Winter

- Psychopharmacology II – CP 670B, 2.5 Units
- Career Development II – CP 608B, 3.75 Units
- Depth Psychology Theory and Practice VI: Somatic Psychotherapy – CP 546, 1 Unit
- Seminar in Directed Research II.C. – CP 651C, 1 Unit
- Group Counseling Theories and Techniques III – CP 529, 1 Unit
- Clinical Practice VI – CP 615, 1 Unit

Some courses are conducted online or have online components. This curriculum may vary depending on evolving academic needs.

Each student is responsible for determining and remaining informed of licensure requirements in his or her own state.

This degree program is accredited by the Western Association of Schools and Colleges (WASC).
For gainful employment information, visit pacific.edu/gainfulemployment

M.A. in Counseling Psychology

**WITH EMPHASIS IN MARRIAGE AND FAMILY THERAPY,
PROFESSIONAL CLINICAL COUNSELING, AND DEPTH PSYCHOLOGY**

THIS PROGRAM PREPARES STUDENTS FOR LICENSURE IN MARRIAGE AND FAMILY THERAPY
AND PROFESSIONAL CLINICAL COUNSELING



Throughout the program, students are engaged in experiential learning and collaborative processes during residential sessions, in online and hybrid courses, and at their second- and third-year practicum sites. Inherent to the systemic paradigm, collaborative learning reflects the team approach to the assessment and treatment of individuals, couples, families, and groups.

*There is only one great adventure.
And that is inward toward the self.*

~Henry Miller

ACHIEVEMENTS OF PACIFICA COUNSELING PSYCHOLOGY STUDENTS AND GRADUATES INCLUDE:

Pass rates on California state licensing exams that consistently exceed statewide averages

Publication of thesis and articles in a wide range of professional and depth-oriented journals

Receipt of MFT Consortium Grants

Successful employment by mental health agencies upon completion of degrees

Continuing education in doctoral programs

High levels of job satisfaction, enriched growth and learning in the field

It is by going down to the abyss that we recover the treasures of life. Where you stumble, there lies your treasure.

~Joseph Campbell

STUDENTS IN THE M.A. IN COUNSELING PSYCHOLOGY PROGRAM LEARN TO:

Be proficient in theoretical orientations that offer perspective and provide meaning to systemic patterns and human behavior.

Demonstrate process and clinical skills.

Identify underlying psychological and systemic dynamics of human interaction.

Determine and implement effective interventions and evidence-based treatment plans while demonstrating knowledge of family systems theories

Apply understanding to case conceptualization assessment and treatment in clinical practice.

Enhance client functioning and well-being via multiculturally sensitive referrals and collaborative treatment team consultations.

Understand individual, systemic, community, political, and biologic aspects of diversity and demonstrate knowledge and respect for diversity.

Assess, diagnose, and treat the symptoms and characteristics of behavioral addictions, substance use, and dependence.

Be knowledgeable, understand and apply evidence-based assessment procedures to client cases and demonstrate awareness of community mental health and diversity-related considerations.

Apply current legal and ethical standards and guidelines while working with diverse populations and demonstrate their knowledge and application in scholarly work and supervised practicum as they pertain to marriage and family therapy and professional clinical counseling.

Identify and integrate systemic depth psychological perspectives of human interaction and demonstrate competence in the field of marriage and family therapy and professional clinical counseling.

Demonstrate an evolving capacity to self-assess and articulate one's own strengths.



One of the things I enjoyed most about the program is that it is a very nurturing environment. You really dive in and get to know yourself, your weaknesses, and your vulnerabilities...and that is a vital area to navigate.

CARL CHAVEZ, M.A.
Counseling Psychology
Graduate



Community is really the heart and soul of what Pacifica is about. There are many places where you can learn about psychology, but Pacifica offers that really ensouled, embodied experience in a sense of community that you are not going to find anywhere else.

**JEMMA ELLIOT, M.A.,
LMFT, LPCC**
Counseling Psychology
Graduate



Our strong research curriculum is guided by depth psychology's understanding of psychological phenomena. Hence, the courses focus on qualitative methodologies that affirm the interpretive dimension of description as well as the unconscious dynamic between researcher and what is being researched. Student research encompasses the pursuit of knowledge, personal transformation, and the practice of social engagement.

Human science psychologies acknowledge and cultivate multiple ways of knowing that take precedence over the instrumental reason employed by the natural sciences. Accordingly, the program explores imagination, aesthetic perception, meditative awareness, poetic intuition, and mythic sensibility within their respective traditions of learning and scholarship, inclusive of Western and Eastern spirituality as well as indigenous cosmologies.

Ph.D. in Clinical Psychology

WITH EMPHASIS IN DEPTH PSYCHOLOGY

Inaugurated 30 years ago, Pacifica's Ph.D. Clinical Psychology Program is dedicated to educating scholar-practitioners who integrate theory, research and clinical practice within human science and depth psychology traditions. The curriculum is designed to lead to licensure as a clinical psychologist (based on educational requirements for psychologists in the State of California).

Within a human science model, the Ph.D. in Clinical Psychology Program focuses on the traditions of depth psychology. Found in multiple cultural contexts and perspectives, including the groundbreaking explorations of Freud and Jung, depth psychologies are distinguished by their recognition of a latent or unconscious dimension of psychological life. This unconscious element, or depth in human experience, is understood as essential to the transformative character of the therapeutic relationship.

The program is inspired by psychoanalytic, Jungian, and existential-phenomenological perspectives in their historical and contemporary formulations, including relational, archetypal, and hermeneutic psychologies. Significant attention is given to dialogue with related disciplines such as multiculturalism, postmodernism, feminist theory, gender studies, indigenous psychology, complexity theory, post-colonialism, ecological studies, Eastern thought, and contemplative practices and traditions.

Clinical instruction emphasizes the importance of the therapeutic relationship, particularly transference and counter-transference dynamics, the significance of dreams, early development including attachment and trauma, developmental stages across the lifespan, individuation as a process of psychic transformation, mind-body integration, therapeutic presence, and the cultural context of healing. A critical dialogue is maintained with contemporary developments in the field, such as neuroscience.

When I was a student and later a tenure-track faculty at a large state university, I thought that my inner life and my professional life had to be divided.

When I found Pacifica and our department, I was delighted to work in a place where we can openly integrate depth psychological principles in all aspects of our lives and work. It is this integration that I

believe inspires us to be a community of students, faculty, and staff that share a commitment to tending the soul in and of the world.



~ OKSANA YAKUSHKO
Department Chair

ACADEMIC FORMAT

Clinical Psychology Ph.D. classes take place in four-day sessions (Thursday evening through Sunday afternoon) once each month during fall, winter, and spring. There is also one seven-day summer session each year. Between learning sessions, advising, mentoring, study and instruction continue through individual and group mentorship from faculty, web-enhanced learning, and cohort support groups.

CURRICULUM OVERVIEW

FIRST YEAR

Practicum Seminars

Professional Development Seminar I, II, III
– CL 755, CL 756, CL 757, 1 Unit each

Annual Assessment

1st Year Annual Assessment for Program Advancement – CL 758, 0 Units

Clinical Practice Courses

History and Systems of Psychology – CP 700, 2 Units
Psychological Assessment I, II – CP 930, CP 931, 2 Units each
Legal, Ethical, and Professional Practice – CP 832, 2 Units
Advanced Psychopathology I – CP 730, 2 Units
Biological Foundations of Human Behavior – CP 735, 2 Units
Phenomenological Psychology: Theory and Practice – CL 917, 2 Units
Psychoanalytic-Based Psychotherapy I – CP 711, 2 Units
Introduction to Depth Psychology and the Human Science Traditions
– CL 819, 2 Units
Jungian-Based Psychotherapy I – CP 810, 2 Units
Special Topics – CP 799, 2 Units

Research And Scholarly Inquiry Courses

Research Designs and Methodology I: Overview – CP 932, 2 Units
Research Designs and Methodology II: Qualitative Methods
– CP 933, 2 Units
Quantitative Design and Univariate Statistical Analysis – CP 926, 3 Units

SECOND YEAR

Practicum Seminars

Supervision Practicum Seminar I, II, III,
– CL 759, CL 760, CL 761, 1 Unit each

Annual Assessment

2nd Year Annual Assessment for Program Advancement – CL 762, 0 Units

Clinical Practice Courses

Principles of Psychopharmacology – CP 873, 2 Units
Developmental Psychology Through the Lifespan – CP 830, 3 Units
Alcohol, Chemical Dependency, and Addictive Behaviors – CL 900, 2 Units
Indigenous Approaches to Psychology – CP 803, 1 Unit
Cognitive Foundations of Human Behavior – CL 837, 2 Units
Affective Foundations of Human Behavior – CL 838, 2 Units
Psychoanalytic-Based Psychotherapy II – CP 712, 2 Units
Archetypal Psychology: Theory and Practice – CP 840, 2 Units
Social Foundations of Human Behavior – CL 800, 2 Units
Special Topics – CP 799, 2 Units
Jungian-Based Psychotherapy II – CP 811, 2 Units

Research And Scholarly Inquiry Courses

Depth Psychological Methods I – CL 928, 2 Units
Dissertation Development I – CP 961, 1 Unit
Research Designs III: Test and Measurement – CP 934, 2 Units

THIRD YEAR

Practicum Seminars

Psychotherapy Practicum Seminar I, II, III
– CL 763, CL 764, CL 765, 1 Unit each

Annual Assessment

3rd Year Annual Assessment for Program Advancement – CL 766, 0 Units

Clinical Practice Courses

Advanced Psychopathology II – CP 731, 2 Units
Psychotherapy with Diverse Populations – CP 845, 2 Units
Principles of Clinical Supervision and Consultation – CL 752, 2 Units
Projective Personality Assessment – CL 938, 1 Unit
Evidence-Based Best Practices – CL 912, 2 Units
Violence and Trauma – CP 834, 1 Unit
Gender and Human Sexuality – CP 901, 1 Unit
Post-Jungian Psychotherapy: Theory and Practice – CP 745, 2 Units
Imaginal Psychotherapy – CP 814, 2 Units
Special Topics – CP 799, 2 Units

Research And Scholarly Inquiry Courses

Dissertation Development II – CP 962, 2 Units
Depth Psychological Methods II – CL 929, 2 Units
Dissertation Development III – CP 963, 2 Units
Research Designs and Methodology IV: Advanced Qualitative Methods
– CL 940, 2 Units

Capstone Projects and Program Requirements

Comprehensive Portfolio – CP 989, 0 Units (Degree Requirement)
Dissertation Writing – CP 990, 15 Units (Degree Requirement)
Personal Psychotherapy – CP 950, 0 Units (Degree Requirement)

Selected Courses have web-enhanced learning components. The curriculum is not intended to meet all the requirements of each state for licensure in clinical psychology. The curriculum may vary depending upon changing academic needs. The required fourth and fifth years of study focus on internship training, reading, research, and dissertation writing.

This degree program is accredited by the Western Association of Schools and Colleges (WASC).

This degree program is not accredited by the American Psychological Association.

For gainful employment information, visit pacifica.edu/gainfulemployment

Ph.D. in Clinical Psychology

WITH EMPHASIS IN DEPTH PSYCHOLOGY

THIS PROGRAM PREPARES STUDENTS FOR LICENSURE IN CLINICAL PSYCHOLOGY*

The commitment to a human science model of psychology—a viable alternative to conventional psychology’s natural science approach—emphasizes human meaning as the fundamental component of psychological life. This focus on meaning, carried out by way of the program’s qualitative research orientation, yields an in-depth understanding of how things matter for people within their life situations. Acknowledging the cultural and historical character of meaning, human science psychology is deliberately affiliated with the humanities. Accordingly, our curriculum is infused with the study of mythology, history, religion, philosophy, and the arts.

By emphasizing the importance of scholarship in the education of psychologists, the program continues depth psychology’s longstanding approach to clinical training. The clinical orientation that infuses our curriculum facilitates the engagement of theory and research in addressing individual, community, and global concerns.

Our goal is to prepare students to become constructively engaged in diverse clinical, academic, and community settings as researchers and clinicians who are grounded in deeply humane, theoretically sophisticated, and socially conscious approaches to clinical psychology. The engaging beauty of the campus, an intense residency format, and class cohort configuration all lend themselves to an experience of scholarly and personal development keenly attuned to Pacifica’s mission of “caring for soul in and of the world.”

The Ph.D. program includes three years of coursework, followed by a two-year dissertation clock. The internship may be undertaken before, during, or after the dissertation phase (but after all coursework is completed).

Year One	Course Work		
Year Two	Course Work	Practicum	
Year Three	Course Work	Practicum	Comps
DOCTORAL CANDIDACY			
Year Four	Dissertation Clock (Two Years)		Internship (1500 Hours)
Year Five			

I want psychology to have its base in the imagination of people rather than in their statistics and their diagnostics.

~James Hillman

One of the most calming and powerful actions you can do to intervene in a stormy world is to stand up and show your soul. Struggling souls catch light from other souls who are fully lit and willing to show it.

~Clarissa Pinkola Estes

*The curriculum may not meet all requirements that each state has for licensure in clinical psychology, and students are encouraged to check the requirements in the state(s) where they may be practicing.



KEY FEATURES OF THE PH.D. PROGRAM INCLUDE:

A curriculum rooted in classical and emerging depth psychology scholarship that is also guided by the humanities (myth, literature, and religious studies).

A human science model of research that relies on phenomenological, interpretive, and constructivist approaches, as opposed to the quantitative framework of a natural science orientation.

Courses on Jungian scholarship and practice that emphasize classical analytical traditions as well as contemporary archetypal and imaginal approaches to psychology and psychotherapy. This coursework also emphasizes the symbolic and mythic significance of the soul, as well as the sacred dimensions of the psyche.

Coursework stressing the centrality of early experience and transference/counter-transference phenomena as well as contemporary relational, inter-subjective, and psychodynamic traditions.

A phenomenological focus that integrates social and critical psychology in order to reflect a deep appreciation of the cultural and historical character of psychological experience.

A depth psychological approach to research from a hermeneutic interpretive standpoint that takes the unconscious dimensions of research into account.

The embrace of multicultural and critical perspectives in understanding gender, sexuality, indigenous psychologies, and somatic and Eastern perspectives.

Advanced practicum seminars conducted as case colloquia that engage psychoanalytic, phenomenological, and Jungian/archetypal/imaginal approaches to clinical practice.



I thought I would have to give up my creativity in order to become a psychologist. One of the things that struck me about this program is that the creativity was welcomed. I did not have to feel split internally ...to become either a scholar or some creative type.

WILLIAM JAMES JONES, M.A.
DOCTORAL CANDIDATE
Clinical Psychology Student



The mentorship by the faculty was truly phenomenal. They required rigor, but had a depth of understanding and seeing that I have never encountered anywhere else.

MARY HARRELL, PH.D.
Clinical Psychology Graduate



The Psy.D. program includes four years of coursework designed to teach increasingly complex, sequential, competency-based, and integrative content, which serves as the building blocks of professional competence in clinical psychology. The first two years include emphasis on knowledge and practice skills in such core topics as psychopathology, diagnosis, psychological testing and assessment, ethics, and research, including depth psychological approaches in these areas. We also offer training in integrative approaches to health, treatment of trauma, indigenous approaches to mental health, gender and sexuality, treatment of substance abuse disorders, and cultural diversity. The third and fourth years include increasing focus on advanced psychotherapy skills, with particular emphasis on psychodynamic, brief psychodynamic, Jungian, and psychoanalytic approaches.

Psy.D. in Clinical Psychology

WITH EMPHASIS IN DEPTH PSYCHOLOGY

Following a practitioner-scholar model of training, this program represents Pacifica's commitment to grounding the principles of depth psychology in clinical practice within community settings.

The Psy.D. Program's mission is to prepare clinical (health service) psychologists to apply foundational as well as depth psychological knowledge and skills within diverse inter-professional practice settings. It is designed to produce clinical psychologists who are skilled in a broad range of clinical work, including psychotherapy, assessment, supervision, and consultation, as well as integrative approaches to health, informed and enriched by depth psychological perspectives. Pacifica trains students to achieve a successful integration of broad and general knowledge in clinical psychology, including core clinical skills, with personal experience of the unconscious and relational factors that motivate individual and collective behavior.

This relatively new program is rooted in the clinical psychology program that has been offered by Pacifica since the late 1980s. Thus, the program bridges the rich history of teaching depth psychology with the contemporary world of clinical psychology. This practical integration emphasizes depth psychological perspectives within current areas of psychological studies such as: relational approaches and attachment; evidence-based practices; integrative assessment; interpersonal neurobiology and biopsychosocial approaches to integrative health care; community-based practice approaches; and mental health public policy.

The curriculum reflects a commitment to bringing compassionate, socially responsible scholarship and values to the important questions posed by applied clinical psychology, including emphases on the unconscious determinants of behavior. The program offers courses that provide foundational knowledge in psychology as well as those that focus on depth psychological treatments, community mental health, diversity, and indigenous perspectives in psychology.

Pacifica serves those who are called to practice as psychologists from a place of deep pluralistic knowing and embodied presence. As the role of psychologists continues to expand and adapt in an uncertain world, it is an honor and blessing to be part of an institution that nurtures the spectrum of what it means to be human.

~ JULIET ROHDE-BROWN
Director of Clinical Training



ACADEMIC FORMAT

Clinical Psychology Psy.D. classes take place in four-day sessions (Thursday evening through Sunday afternoon) once each month during fall, winter, and spring. Between learning sessions, study and instruction continues through individual mentorship from faculty, web-enhanced learning, and cohort support groups.

CURRICULUM OVERVIEW

FIRST YEAR

Practicum Seminars

Professional Development Seminar I, II, III
– CY 755, CY 756, CY 757, 1 Unit each

Clinical Practice Courses

Cognitive and Intellectual Assessment – CY 930, 3 Units
Objective Personality Assessment – CY 931, 3 Units
Clinical Interviewing – CY 940, 1 Unit
Advanced Psychopathology I – CY 730, 2 Units
Legal, Ethical, and Professional Practice – CY 832, 2 Units

Depth Psychology Courses

Introduction to Depth Psychology and the Human Science Traditions
– CY 819, 2 Units
Jungian-Based Psychotherapy I – CY 810, 2 Units
Psychoanalytic-Based Psychotherapy I – CY 711, 2 Units

Research and Scholarly Inquiry

Statistics and Quantitative Research Designs and Methods I
– CY 950, 3 Units
Statistics and Quantitative Research Designs and Methods II
– CY 951, 3 Units

Annual Assessment

1st Year Annual Assessment for Program Advancement – CY 758, 0 Units

SECOND YEAR

Practicum Seminars

Assessment Practicum Seminar I, II, III – CY 759, CY 760, CY 761, 1 Unit each

Clinical Practice Courses

Cognitive Foundations of Human Behavior – CY 837, 3 Units
Biological Foundations of Human Behavior – CY 735, 3 Units
Gender and Human Sexuality – CY 901, 1 Unit
History and Systems of Psychology – CY 700, 2 Units
Alcohol, Chemical Dependency and Addictive Behaviors – CY 900, 2 Units
Evidence-Based Psychotherapy – CY 913, 2 Units
Psychotherapy with Diverse Populations – CY 845, 2 Units

Depth Psychology And Humanities Courses

Integrative and Interprofessional Treatment Approaches – CY 920, 1 Unit

Research and Scholarly Inquiry Courses

Qualitative Research Designs and Methods – CY 952, 2 Units
Dissertation Development – CY 955, 2 Units
Theories of Psychometric Measurement – CY 933, 3 Units

Annual Assessment

2nd Year Annual Assessment for Program Advancement – CY 762, 0 Units

THIRD YEAR

Practicum Seminars

Psychotherapy Practicum Seminar I, II, III – CY 763, CY 764, CY 765, 1 Unit each

Clinical Practice Courses

Projective Personality Assessment – CY 938, 2 Units
Advanced Psychopathology II – CY 731, 2 Units
Comparative Approaches to Psychotherapy – CY 770, 2 Units
Social Foundations of Human Behavior I – CY 800, 3 Units
Developmental Psychology I: Childhood through Adolescence – CY 830, 2 Units
Community Mental Health, Public Policy, and Depth Psychology – CY 825, 2 Units

Depth Psychology and Humanities Courses

Psychoanalytic-Based Psychotherapy II – CY 712, 2 Units
Psychoanalytic-Based Psychotherapy III – CY 715, 2 Units

Research and Scholarly Inquiry Courses

Advanced Research Methods in Clinical Psychology I – CY 956, 3 Units
Advanced Research Methods in Clinical Psychology II – CY 957, 2 Units
Dissertation Completion I – CY 958, 3 Units

Annual Assessment

Third Year Annual Assessment for Program Advancement – CY 766, 0 Units
Comprehensive Portfolio – CY 989, 0 Units

FOURTH YEAR

Clinical Practice Courses

Developmental Psychology II: Adulthood through Old Age – CY 801, 3 Units
Social Foundations of Human Behavior II: Group Processes – CY 802, 3 Units
Principles of Clinical Supervision and Consultation – CY 752, 2 Units
Principles of Psychopharmacology – CY 873, 3 Units
Indigenous Approaches to Psychology – CY 803, 1 Unit
Affective Foundations of Human Behavior – CY 838, 2 Units
Violence and Trauma – CY 834, 3 Units
Mindfulness and Imagery in Integrative Treatment – CY 923, 1 Unit

Depth Psychology and Humanities Courses

Psychoanalytic Psychotherapy IV – CY 716, 2 Units
Post-Jungian Based Psychotherapy – CY 815, 2 Units
Jungian-Based Psychotherapy II – CY 811, 2 Units

Research and Scholarly Inquiry Courses

Dissertation Completion II – CY 959, 3 Units

Oral Defense

Faculty Approval of Dissertation

FIFTH YEAR

Internship

Completion of 1,500 hours of a Pre-Doctoral Internship in Clinical Psychology – CY 980, 3 units

Selected courses may have online components. This curriculum may vary depending upon changing academic needs.

This degree program is accredited by the Western Association of Schools and Colleges (WASC).

This degree program is not accredited by the American Psychological Association.

For gainful employment information, visit pacific.edu/gainfulemployment

Psy.D. in Clinical Psychology

WITH EMPHASIS IN DEPTH PSYCHOLOGY

THIS PROGRAM PREPARES STUDENTS FOR LICENSURE IN CLINICAL PSYCHOLOGY*



The Psy.D. Program's intense learning retreats on the Lambert Road Campus, its class cohort configuration, and the engaging beauty of the surroundings all lend themselves to an experience of scholarly and personal development keenly attuned to Pacifica's mission of "tending soul in and of the world."

Nowadays we can see as never before that the peril which threatens all of us comes not from nature, but from the psyches of the individual and the mass.

~ C.G. Jung

Pacifica's Psy.D. Program offers a uniquely integrative and depth-focused education, which honors the importance of the role of unconscious life not only in clinical practice, but also within larger community structures—while ensuring a solid education critical to a successful career as a clinical psychologist working in diverse interprofessional settings.

The program brings together established and emerging practices in depth psychology, especially in their application to clinical practice with diverse individuals and communities. Attunement to unconscious processes, relational dynamics, and sociocultural complexities can be integral to therapeutic work in any clinical setting. The

program emphasizes how diagnosis, assessment, crisis intervention, and treatment can actively draw from depth psychological principles and traditions. In addition, the program extends toward educating students in new approaches to integrating depth psychological knowledge in practice. Students learn about evidence-based and empirically validated practices that are grounded in depth psychological principles (e.g., transference-based, relational approaches), as well as brief forms of psychodynamic treatment. Approaches to working with the unconscious processes through dreams, active imagination, and transference-countertransference interpretations are taught across the curriculum.

*The curriculum may not meet all requirements that each state has for licensure in clinical psychology, and students are encouraged to check the requirements in the state(s) where they may be practicing.

The Psy.D. program is comprised of four years of coursework, with the dissertation taking place during Years Three and Four. Students are expected to complete and defend the clinical research project before the end of the fourth year. Year Five includes the internship.

Year One	Course Work			
Year Two	Course Work		Practicum	
Year Three	Course Work	Practicum	Dissertation	
Year Four	Course Work	Practicum	Dissertation	Comps
DOCTORAL CANDIDACY				
Year Five	Internship (1500 Hours)			

The Dissertation is embedded within the curriculum, which is designed to help students complete their degree in a timely way and be competitive for pre-doctoral internships.

Anything you do from the soulful self will help lighten the burdens of the world. Anything. You have no idea what the smallest word, the tiniest generosity, can cause to be set in motion...Mend the part of the world that is within your reach.

~Clarissa Pinkola Estes



Pacifica allowed me to explore and find my voice as a practitioner. It has truly been a beautiful process that shaped my work. I am grateful to have gained a perspective of soulful work, and to have had the gift of so many amazing professors.

JOHANNA HAYS, PSY.D.
Clinical Psychology Graduate



Because I consider myself a late bloomer, I am allowing myself the time to appreciate this process of learning what I have loved my whole life. Pacifica is giving me this link back to myself and the hope to extend this to others in the future.

NANCY WITHERS, M.A.
Clinical Psychology Student



M.A./Ph.D. in Depth Psychology

with Specialization in Somatic Studies

The Somatic Studies Specialization is uniquely grounded in the tradition of depth psychology with its emphasis on the unconscious, imagery, archetypes, and dreams. From that ground, students in the program explore the intersections between body and psyche, connect image to sensation through active imagination, and follow the dance of their dreams. They study the body's role in the process of individuation and consider how physical symptoms may speak for the soul.

From a somatic perspective, body experience is always understood holistically, as part of a larger context in which that experience becomes meaningful. For example, a particular sensation or body movement may be considered in relation to psychological issues, physical health, interpersonal relationships, social and cultural contexts, spirituality, and the environment. The program incorporates an interdisciplinary range of practices and perspectives, including neuroscience, cultural studies, somatic education, and the expressive arts. Students are drawn from similarly diverse backgrounds, including counseling, education, health care, and bodywork.

Graduates of the Somatic Studies Specialization work at an advanced level in their chosen field; for example, becoming trainers or supervisors in education, social services, or health care. Other students publish books, start community non-profits, or develop consulting practices. Graduates may also choose to pursue academic careers, teaching in higher education or engaging in post-doctoral research. Each in their own way, students bring a highly developed understanding of the body/psyche intersection to the work they choose to pursue.

The program includes a series of research courses that develop students' literacy and skill in research methods, including those forms of inquiry most commonly used in somatic depth psychology. Courses in scholarly writing and dissertation development support students to engage in the task of developing a research question, conducting an original study, and writing a doctoral dissertation.

By infusing depth psychology with a somatic perspective, students learn to work deeply and skillfully at the intersection of body and soul across a range of professions. The interdisciplinary focus of the Somatic Studies Specialization is grounded in embodied learning, fieldwork practice, and original research that illuminates for each student how the felt experience and understanding of the body can inform their work.

~ RAE JOHNSON, Specialization Chair



Students in the Somatic Studies Specialization are supported to develop as scholars—to become skilled in the teaching, research, and community service that engaged scholarship demands, and to take those skills into the world in a meaningful way. Beginning in the first year of study, the fieldwork component offers an important opportunity to practice these skills and to become more deeply immersed in the issues and communities that the student feels called to serve. Through a process of engaged mentorship, students work in small groups alongside a faculty member who provides both formal and informal advising. Examples of fieldwork projects include embodied self-care strategies for community service workers exposed to trauma, creating mandalas with children involved in the legal system, and developing somatic and holistic approaches to cancer support. These fieldwork projects may then evolve into dissertation research at the doctoral level.

ACADEMIC FORMAT

Students in the Somatic Studies Specialization come to campus nine times each year for three years. Each campus session consists of three days every month during the fall, winter, and spring quarters. During residential sessions, students attend lectures and seminars, engage in experiential and embodied learning, and have time for reflection and research in the Pacifica Library and Opus Archives. Students engage in off-campus fieldwork in the summer quarters of their first and second years of study.

CURRICULUM OVERVIEW

FIRST YEAR

Fall

Introduction to Depth Psychology – DPS 730, 2 Units
Introduction to Somatic Studies – DPS 725, 2 Units
Somatic Dreamwork – DPS 770, 2 Units
Integrative Seminar I – DPS 791, 2/3 Unit

Winter

Foundations in Fieldwork – DPS 900, 2 Units
Marion Woodman and the Jungian Tradition – DPS 761, 2 Units
Embodied Depth Group Work – DPS 712, 2 Units
Integrative Seminar II – DPS 792, 2/3 Unit

Spring

Scholarly Writing and Publication – DPS 812, 2 Units
Neuroscience and Somatic Depth Psychology I – DPS 720, 2 Units
Freud, Reich, and the Psychoanalytic Tradition – DPS 760, 2 Units
Integrative Seminar III – DPS 793, 2/3 Unit

Summer

Summer Fieldwork I – DPS 905, 4 Units
Depth Transformational Practices – DPS 997a, 2.5 Units

SECOND YEAR

Fall

Foundations for Research in Somatic Depth Psychology – DPS 782, 2 Units
Ecopsychology: The Body on the Earth – DPS 732, 2 Units
Presenting the Fieldwork Experience – DPS 880, 2 Units
Integrative Seminar IV – DPS 794, 2/3 Unit

Winter

Embodied Alchemy – DPS 750, 2 Units
Quantitative Research Methods – DPS 883, 2 Units
Archetypal Psychology – DPS 762, 2 Units
Integrative Seminar V – DPS 795, 2/3 Unit

Spring

Body and Soul in the Expressive Arts – DPS 753, 2 Units
Qualitative Research Methods – DPS 884, 2 Units
Trauma and Resilience – DPS 850, 2 Units
Integrative Seminar VI – DPS 796, 2/3 Unit
Written Comprehensive Examination – DPS 892, 0 Units

Summer

Summer Fieldwork II – DPS 906, 4 Units
Depth Transformational Practices – DPS 997b, 2.5 Units

THIRD YEAR

Fall

Relational Embodiment – DPS 851, 2 Units
Neuroscience and Somatic Depth Psychology II – DPS 721, 2 Units
Human Sexuality – DPS 925, 2 Units
Integrative Seminar VII – DPS 797, 2/3 Unit
Dissertation Development A – DPS 932A, 2/3 Unit

Winter

The Body in Literature – DPS 950, 2 Units
Non-Western and Indigenous Healing Practices – DPS 952, 2 Units
Depth Psychology and the Sacred – DPS 920, 2 Units
Dissertation Development B – DPS 932B, 2/3 Unit
Integrative Seminar VIII – DPS 798, 2/3 Unit

Spring

Body, Soul, and Social Justice – DPS 754, 2 Units
Frontiers of Somatic Depth Psychology – DPS 955, 2 Units
Integration of Theory, Practice, and Teaching (Oral Comprehensive Examination) – DPS 992, 2 Units
Dissertation Development C – DPS 932C, 2/3 Unit
Integrative Seminar IX – DPS 799, 2/3 Unit

Continuing

Dissertation Writing – DPS 980, 15 Units

This curriculum may vary depending upon evolving academic needs. The required fourth and fifth years of study focus on reading, research, and dissertation writing.

*The body is a multilingual being.
It speaks through its color and its temperature, the
flush of recognition, the glow of love, the ash of pain,
the heat of arousal, the coldness of nonconviction...
It speaks through the leaping of the heart,
the falling of the spirits, the pit at the center,
and rising hope.*

~Clarissa Pinkola Estés

This degree program is accredited by the Western Association of Schools and Colleges (WASC).
For gainful employment information, visit pacifica.edu/gainfulemployment

M.A./Ph.D. in Depth Psychology

with Specialization in Somatic Studies

The term “somatic” was coined by Thomas Hanna, an existential phenomenological philosopher, in the early 1970s. Although many of the approaches now considered “somatic” predate this term by hundreds of years, they share a common focus: working with the lived, subjective experience of the body. “Somatic studies” is an umbrella term that includes somatic psychology (working with the experience of the body to support mental health), somatic movement therapy (working with the experience of the body to promote improved movement functioning), and many forms of health and wellness. A somatic perspective also flourishes

within the fields of education, philosophy, sociology, anthropology, and performance studies.

Our research-based program offers students the opportunity to work within this broad interdisciplinary umbrella while retaining a clear focus on depth psychology. In some ways, this program is more tightly focused than other graduate programs (for example, those in somatic counseling psychology), in that it works within a single approach to psychological inquiry. In other ways, it is broader; the somatic studies emphasis allows us to draw from a range of ideas and practices not typically addressed in clinical somatic psychology programs.



The body says what words cannot.

~Martha Graham

STUDENTS IN THE SOMATIC STUDIES SPECIALIZATION:

Read, interpret, and critically reflect upon the theories and traditions of depth psychology, remembering the body and recalling its voice.

Develop the capacity and skill to maintain awareness of and connection to the unconscious.

Learn techniques and practices of dream work, body movement, and active imagination as transformative practices.

Develop literacy in the emerging domain of neuroscience as it applies to depth psychology and the mind/body connection.

Develop skills in research and writing that articulate and promote new theoretical directions and practical applications.

Participate with like-minded scholars and practitioners in an emerging field.

Create a professional portfolio to enhance existing career skills.

Engage in transformative practices and fieldwork projects.

There is deep wisdom within our very flesh, if we can only come to our senses and feel it.

~Elizabeth A. Behnke

The emerging paradigm for the 21st century requires individuals who can think across professional and disciplinary boundaries, fully embody a holistic and integrative perspective in their area of interest, and know how to harness their vision and energy to tackle real-world problems. In particular, we believe that leaders in this new paradigm will have the capacity to work through the body to tend the soul of the world. This program positions students to create and fulfill these leadership roles by:

Providing them with foundational knowledge in depth psychology and interdisciplinary somatic studies.

Engaging them in transformative practice and fieldwork projects specifically tailored to their interests and expertise.

Teaching skills that strengthen their professional effectiveness, and helping them to identify and research issues with the potential to change how we live in the world.



The program is mentally challenging and personally transformative. It's really a gift to be able to be here between the ocean and the mountains with the most incredible teachers and curriculum.

NADINE MACALUSO, PH.D.

Depth Psychology Graduate



As a somatics professional, I found Pacifica's commitment to this emerging field to be cutting edge. The masterful balance between academic rigor and tending to the soul invites students to develop a capacity for scholarly inquiry, while connecting with their passion and true vocational calling.

JENI AMBROSE, M.A.

Depth Psychology Graduate



M.A./Ph.D. in Depth Psychology

with Specialization in Jungian and Archetypal Studies

This rigorous, creative exploration of Jungian and archetypal psychology provides students with a range of theories, skills, and practices they can apply directly to their professional, personal, and creative lives, while addressing the collective challenges and opportunities of our moment in history. The wide-ranging, multi-disciplinary curriculum is concerned with the role and function of archetypes in our personal complexes, vocational life, myths and religious experiences, dreams and fantasies, synchronicities and symptoms, artistic expressions, and creativity.

The Jungian and Archetypal Studies specialization moves depth psychology from the clinical consulting room out into the wider world. By stimulating and supporting the scholarship and creative research of students, the program promotes the crucial task of advancing depth psychological ideas and practices as catalysts for individual and cultural transformation.

The faculty is comprised of esteemed international scholars with a broad range of areas of expertise. They introduce students to foundational theoretical constructs in the field while helping them to engage critically and creatively with the course material. The coursework itself is aligned with Jung's emphasis on the "ineluctable psychological necessity" of individuation, the process by which one might attain deep self-knowledge, further the development of consciousness, and better understand the unconscious factors shaping human experience.

For those called to explore the deeper dimensions of the human psyche, this program of study provides a unique opportunity to engage with, apply, and advance depth psychological theories and practices within the Jungian and archetypal traditions. Building on the work of C.G. Jung and James Hillman, students will consider approaches to the psyche that foster healing, transformation, self-expression, creativity, and the development of consciousness.



~ KEIRON LE GRICE,
Specialization Chair

If you are considering applying to the Jungian and Archetypal Studies Specialization, you might be especially interested in exploring what Jung called archetypes—universal principles and organizing patterns that pre-condition and animate human experience from the depths of the collective unconscious, a universal dimension of the psyche common to each of us.

The program syllabus will also enable you to gain a comprehensive understanding of the process of psychological development and transformation that Jung called individuation, which leads to the realization of the deeper Self, the greater universal person within us. This was the main focus of Jung's study of alchemy. Jungian ideas also inspired the polytheism of James Hillman's archetypal psychology. For Hillman, gods and goddesses pervade everything. By engaging mythopoetically with life, and recognizing the gods and goddesses in all things, one can participate in the process Hillman called "soul-making."

ACADEMIC FORMAT – A BLENDED ONLINE/LOW-RESIDENCY PROGRAM

This transformative and scholarly specialization takes advantage of online technology to allow students to work and learn in their home environments, while also taking part in engaged community sessions on Pacifica's Ladera Lane and Lambert Road Campuses. Classes begin online and meet during four-day residential sessions (Thursday, Friday, Saturday, Sunday) once per quarter. During these on-campus sessions, students have access to the Institute's extensive resources and are able to engage with their classmates and instructors face-to-face, combining lecture, discussion, and experiential and embodied learning. Residential retreat sessions also allow time for exploration and community building through shared meals, social events, guest lectures, and circle councils.

CURRICULUM OVERVIEW

FIRST YEAR

Introduction to Depth Psychology – DJA 700, 3 Units
Jungian Psychology: The Individuation Journey – DJA 720, 3 Units
C. G. Jung in Context – DJA 710, 3 Units
Dreamwork: Tending the Living Images – DJA 825, 3 Units
Our Soul's Code: Depth Psychological Views of Vocation
– DJA 910, 3 Units
Archetypes: Universal Patterns of the Psyche – DJA 800, 3 Units
Mythopoetic Imagination: Viewing Film, Art, and Literature
from a Jungian Perspective – DJA 805, 3 Units
Reflective Studies I: Foundations for Research – DJA 920, 3 Units

SECOND YEAR

Imaginal Ways of Knowing: Active Imagination, The Red Book, and Psychic Creativity – DJA 820, 3 Units
Archetypal Psychology – DJA 730, 3 Units
Depth Psychology and the Mythic Tradition – DJA 815, 3 Units
Complexes: Jung's "Royal Road" to the Unconscious – DJA 810, 3 Units
The Psychoanalytic Tradition: The Ongoing Conversation – DJA 740, 3 Units
Post-Jungian Critiques and Perspectives – DJA 770, 3 Units
Psychological Types – DJA 835, 3 Units
Reflective Studies II – DJA 930, 3 Units

THIRD YEAR

Psyche and Eros: The Psychology and Mythology of Relationships
– DJA 840, 3 Units
Somatic Studies: The Psyche-Soma Connection – DJA 845, 3 Units
The Alchemy of Transformation – DJA 865, 3 Units
Depth Psychology and the Sacred: Approaching the Numinous
– DJA 850, 3 Units
Synchronicity and the New Sciences – DJA 855, 3 Units
Dissertation Development – DJA 950, 3 Units
Ecopsychology: The Psyche in Nature – DJA 860, 3 Units
Reflective Studies III – DJA 940, 3 Units

CONTINUING

Self-Directed Studies – DJA 970, 3 Units
Dissertation Writing – DJA 960, 15 Units

This curriculum may vary depending upon evolving academic needs. The required fourth and fifth years of study focus on reading, research, and dissertation writing.

Depth psychology ultimately became, through Jung, an ontology of the soul based on archetypes. Because this psychology takes into account the depths of the soul at its most subjective, transcendent, and impersonal level and assumes that personal behavior is derived from something beyond the personal, it attempts a true logos of the psyche. . . . Psychology thus becomes archetypal psychology in order to be adequate to its subject, the psyche.

~James Hillman

This degree program is accredited by the Western Association of Schools and Colleges (WASC).
For gainful employment information, visit pacific.edu/gainfulemployment

M.A./Ph.D. in Depth Psychology

with Specialization in Jungian and Archetypal Studies

STUDENTS IN THE JUNGIAN AND ARCHETYPAL STUDIES SPECIALIZATION:

Critically explore a range of topics central to our understanding of the role of the unconscious psyche in human experience, such as healing, myth, dream, film, soul, spirit, ecology, religion, creativity, personal transformation, individuation, the development of consciousness, and more.

Deepen the capacity for imaginal, symbolic, mythic, critical, theoretical, and archetypal thinking and being in the world.

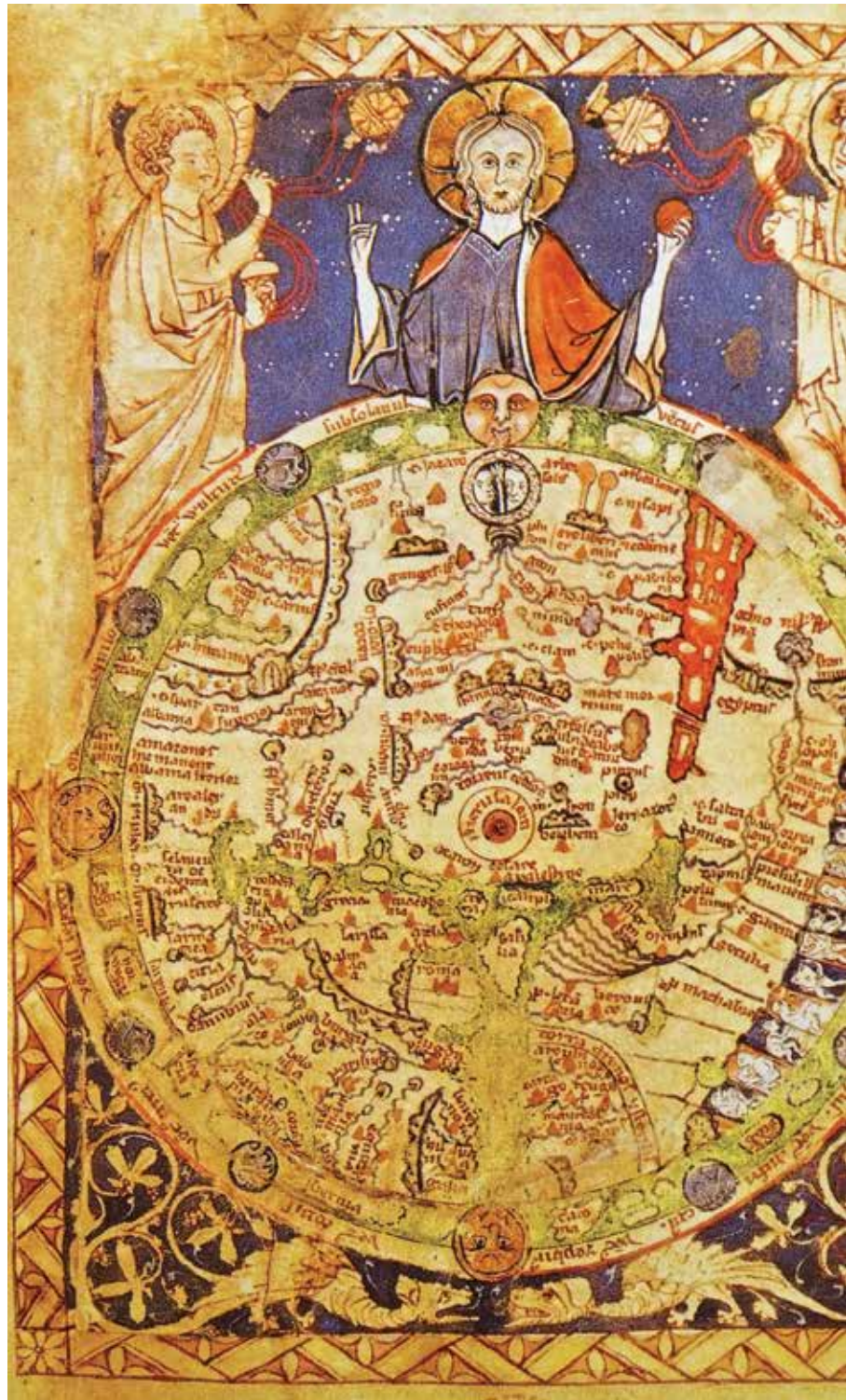
Engage with the creative, dynamic unconscious in both its personal and collective dimensions.

Hone the expression of their unique voice and vision through courses in research, writing, publication, and presentation.

Study side-by-side with Jungian scholars and practitioners interested in envisioning new possibilities for extending contemporary thought and practices into the world.

Read deeply and broadly from the Collected Works of C.G. Jung, Jung's Red Book, and other core texts in the depth psychological tradition.

Evaluate the limitations and potentials of Jungian and archetypal psychology within contemporary contexts.



*The meeting of two personalities is like the contact of two chemical substances.
If there is any reaction, both are transformed.*

~C.G. Jung



People who have been enrolled in our learning programs with an online component will tell you that community and intimacy builds quickly in that environment. While you may not “see” your classmates every month, like students in the residential programs, you will “hear” from them weekly. In fact, online learning is particularly conducive to hearing the voices of all students, as it requires participation from everyone; students who normally may be very quiet in a traditional classroom may be more comfortable “speaking” online.

Remember, too, that you will spend a little more than half of the direct instruction for each course meeting face-to-face with your classmates, and over those four days per quarter on campus, you will continue online discussions over shared meals, you will watch films and have social time, you will attend classes and guest lectures, and work together in pairs and groups. Community has been at the heart and soul of this specialization from its inception. In 1948, when Jung gave his dedication speech on the occasion of the founding of the C. G. Jung Institute in Zürich, he called for a community of scholars to come together to imagine extensions “without limit” for depth psychology in the world. This specialization aims to be such a community, one where students and faculty come together to support each other in exploring, applying, and advancing Jungian and archetypal studies “without limit” in the world. As part of every course, students will share their understanding of how the material is relevant to their lives and their vocational callings, with their classmates and instructors serving as sounding boards and tuning forks who will provide support, share resources, and help refine each other’s theories and practices.



I followed my path. My dream was to be at Pacifica. It was not only a personal decision, it was my soul—my meaning in life. Pacifica was a calling.

DIANA ARIAS

Depth Psychology Student



Although I initially came here to deepen an existing career, Pacifica helped me find my true calling and pursue it in an authentic way.

**SKYLER MADISON, M.A.
DOCTORAL CANDIDATE**

Depth Psychology Program



This specialization seeks to address the critical personal, community, cultural, and ecological challenges of our time. Nourished by depth psychology, students become sensitive to the interdependence of individual, cultural, and collective dynamics, and to dialogue, the arts, and the imaginal as catalysts to vision and transformation. Community and ecological fieldwork and research are designed to help students pursue their distinctive areas of interest, gathering the theoretical understanding, fieldwork and research skills to deepen their engagement in their work.

M.A./Ph.D. in Depth Psychology

with Specialization in Community Psychology, Liberation Psychology, and Ecopsychology

This degree program specialization is a bold initiative to forge transdisciplinary and transformative approaches to the critical personal, community, cultural, and ecological challenges of our time. Accomplishing this necessitates a radical engagement in re-conceiving psychology as a potentially liberatory and restorative force in society, one engaged in initiatives to promote social, economic, and environmental justice, peace-building, and ecological sustainability. The specialization is committed to rebuilding fragmented cultural and ecological connections, and to co-creating democratic, dialogical, joyful, sustainable, and nonviolent living.

To study community and ecopsychology in the light of liberation and indigenous psychologies commits us to deeply explore and address the profound effects of injustice, violence, and exploitation on psychological, communal, and ecological well-being. The curriculum places multicultural approaches to depth psychological theories and practices in dynamic dialogue with ecopsychology, indigenous psychologies, critical community psychology, and psychologies of liberation from diverse cultural settings. Students gain an understanding of the interdependence of individual, community, cultural, and ecological well-being.

Coursework nurtures creative approaches to collaboration in organizations, non-profits, community groups, and educational settings. Through community and ecological fieldwork and research, students are supported in the pursuit of their distinctive areas of interest, and in strengthening their research and practice skills so that they are able to make their own significant contributions.

This specialization is a commitment to transformative practices aimed at social justice and ecological sustainability, to sumak kawsay/buen vivir, and, ultimately, peace and reconciliation.

~ SUSAN JAMES
Specialization Co-Chair



The curriculum places decolonial approaches to depth psychological theories and practices in dynamic dialogue with ecopsychology, indigenous psychologies, critical community psychology, and psychologies of liberation from diverse cultures.

~ NURIA CIOFALO
Specialization Co-Chair



ACADEMIC FORMAT

Classes for the Community Psychology, Liberation Psychology, and Ecopsychology specialization take place in nine three-day sessions (Monday, Tuesday, Wednesday), approximately once each month during fall, winter, and spring. In the first and second summers, students complete fieldwork and research in their home communities or other off-campus sites. In the third summer and subsequent year(s), students are involved in writing their dissertations in their home communities.

CURRICULUM OVERVIEW

FIRST YEAR

Fall

Introduction to Decolonial Depth Psychology – DPC 730, 2 Units
Introduction to Critical Community Psychology – DPC 700, 2 Units
Psychoanalytic Tradition: Social Psychoanalysis – DPC 760, 2 Units
Council Practice – DPC 871, 2/3 Unit

Winter

Jungian Psychology – DPC 761, 2 Units
Psychologies of Liberation – DPC 781, 2 Units
Ecopsychology I: The Ethics of Place – DPC 732, 2 Units
Appreciative Inquiries – DPC 872, 2/3 Unit

Spring

Indigenous Psychologies I – DPC 710, 2 Units
Foundations for Research in Depth Psychology:
Participatory Qualitative Research – DPC 881, 2 Units
Mythopoetic Imagination: Community Theater – DPC 873, 1.33 Units
Community Dreamwork – DPC 874, 1.33 Units

Summer

Community/Ecological Fieldwork Practicum – DPC 783, 5 Units

SECOND YEAR

Fall

Archetypal Psychology – DPC 762, 2 Units
Phenomenology and Communication of Depth Psychological Cultural and Ecological Work – DPC 880, 2 Units
Depth Psychology of Violence and its Prevention – DPC 731, 2 Units
Restorative Justice – DPC 875, 2/3 Unit

Winter

Hermeneutic and Phenomenological Traditions – DPC 991, 2 Units
Liberation Studies and Action – DPC 965, 2 Units
Indigenous Psychologies II – DPC 860, 2 Units
Crafting Generative Questions – DPC 876, 2/3 Unit

Spring

Community Program and Organization Evaluation – DPC 879, 2 Units
Ecopsychology II: Environmental and Earth Justice – DPC 847, 2 Units
Psychosocial and Collective Trauma – DPC 923, 2 Units
Somatic Approaches to Trauma Healing – DPC 877, 2/3 Unit

Summer

Community/Ecological Fieldwork and Research Practicum – DPC 883, 5 Units
Depth Transformative Practices – DPC 997, 0 Units

THIRD YEAR

Fall

Participatory Research Practicum: Creating an Interpretive Community – DPC 990, 2 Units
Community Building and Empowerment – DPC 720, 2 Units
Social Network Analysis – DPC 878, 1 Unit
Frontiers of Psyche-in-Community-and-Nature: Myth, Image, and the Sacred – DPC 925, 1.66 Units

Winter

Advocacy and Policy Development – DPC 886, 2 Units
Community Consultation, Research, and Resource Mobilization – DPC 887, 2 Units
Reconciliation and Peacebuilding – DPC 740, 2 Units
Dissertation Development I – DPC 932A, 2/3 Unit

Spring

Frontiers of Depth Psychologies – DPC 963, 2 Units
Frontiers of Liberation Psychologies – DPC 964, 1 Unit
Liberatory Pedagogy – DPC 992, 2 Units
Frontiers of Ecopsychology – DPC 832, 1 Unit
Dissertation Development II – DPC 932B, 2/3 Unit

Summer

Research Writing: Conceiving the Dissertation – DPC 933, 5 Units

CONTINUING

Dissertation Writing – DPC 980, 15 Units

This curriculum may vary depending upon evolving academic needs. The required fourth and fifth years of study focus on reading, research, and dissertation writing.

*I am an act of kneading, of uniting and joining
that not only has produced both a creature of
darkness and a creature of light, but also a creature
that questions the definitions of light and dark and
gives them new meanings.*

~Gloria E. Anzaldúa

This degree program is accredited by the Western Association of Schools and Colleges (WASC).
For gainful employment information, visit pacific.edu/gainfulemployment

M.A./Ph.D. in Depth Psychology

with Specialization in Community Psychology,
Liberation Psychology, and Ecopsychology



"Culture Contains the Seed of Resistance Which Blossoms into the Flower of Liberation" by Miranda Bergman and O'Brien Thiele. Mural designed and painted in 1984 and completely restored in 2014. Balmy Alley, Mission District, San Francisco, California.

This specialization is the only graduate program in the U.S. that focuses on liberation psychology, and the only one that places critical community psychology, indigenous psychologies, and ecopsychology into dynamic conversation with one another. In community and ecopsychological fieldwork, students act as bridges between the knowledge developed by ecological and cultural workers and each area of focus.

Students apply learning to leadership positions in a wide variety of professions, including: health services (including hospice); youth, secondary, adult, and alternative education; organizational development and transformation; prison reform and restorative justice initiatives; governmental and nongovernmental

organizations; social and environmental justice, community building and policy development; advocacy and grassroots coalitions; arts-activism; trauma healing; peace-building and community dialogue; planning and evaluation; land preservation; ecological sustainability; local food initiatives; philanthropy; micro-lending and economic alternatives.

There are a variety of scholarships available for this specialization (see page 53), including Coverdell Fellows Program Scholarships for returned Peace Corps volunteers, Herman Warsh Community-Based Scholarships, Pacifica Yellow Ribbon Scholarships for veterans, and Pacifica Matching Americorps Scholarship Program.

It is a question of whether psychological knowledge will be placed in the service of constructing a society where the welfare of the few is not built on the wretchedness of the many, where the fulfillment of some does not require that others be deprived, where the interests of the minority do not demand the dehumanization of all.

~Ignacio Martín-Baró

STUDENTS IN THE COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY, AND ECOPSYCHOLOGY SPECIALIZATION:

Deepen insight about individual, group, and cultural life through study of depth psychology.

Develop scholarly and creative writing skills.

Learn innovative and historical approaches to trauma healing, restorative justice, ecological sustainability, community building, economic justice, forced migration, alternatives to violence, peace-building, and reconciliation.

Practice participatory action research and program and organizational evaluation, while deepening ethical discernment of issues of power and privilege.

Train in a wide variety of group approaches to cultural and ecological work.

Heighten sensitivity to the imaginal, the metaphorical, and the mythical.

Develop the capacity to teach in academic and community learning environments.

If you have come here to help me, then you are wasting your time...But if you have come because your liberation is bound up with mine, then let us work together.

~Aboriginal Activists Group, Queensland



My experience at Pacifica has been life changing, both in regard to my personal journey and my academic career. It led me to recognize where my strengths could best be applied.

AAQILAH ISLAM, M.A.
DOCTORAL CANDIDATE,
Depth Psychology Program



The depth psychological perspective brought me to Pacifica, and that has been a launching pad for my work. Although I was already deep into my work, the studies and relationships I found here have redesigned my approach in ways not possible before.

HARRY GRAMMER, M.A.
DOCTORAL CANDIDATE,
Depth Psychology Program



This innovative doctoral specialization re-imagines approaches to therapeutic practice, enhances and supports the individuation work of students, and responds to the personal, social, and cultural challenges of our communities.

Students develop important mentoring relationships with Pacifica's unique faculty of clinicians and scholars who include: Jungian analysts, clinical psychologists, psychiatrists, psychodynamic therapists, systems therapists, archetypal psychologists, spiritual counselors, health and medical professionals, and advanced scholars in research, mythology, and the humanities.

Ph.D. in Depth Psychology

with Specialization in Integrative Therapy and Healing Practices

This doctoral specialization cultivates an integrative approach to professional development in the art and science of therapeutic practice. Working with leading faculty, Pacifica students engage in a journey of personalized education that fosters advanced therapeutic skills and practices, which supports them in making important and original scholarly contributions to their fields.

We invite both established and emerging practitioners to join a diverse group of academic, practice-oriented professionals who are called to deepen their therapeutic work through an integrative study of healing based on the visionary aspects of depth psychology. You will become part of a learning community focused on exploring the critical connections between psychology, spirituality, and healing.

We welcome students with a deep personal calling to their therapeutic work, individuals with profound curiosity about themselves and the world, and lifelong learners devoted to a transformative engagement with the numinous, the psyche, and the natural world.

In three-day residential learning retreats surrounded by the natural landscape of Pacifica's Lambert Road Campus, students and faculty work together to integrate essential healing traditions and contemporary research—drawing from indigenous and ancient practices, multicultural and contemporary perspectives, and emerging science on human experience and consciousness.

Deepening into our work in the healing professions is a lifelong process which engages not only the mind, but also the heart, and ultimately our whole being. This process requires a profound commitment of consciousness—to becoming aware of our own inner unseen aspects, of the hidden depths waiting to be encountered in our clients, and, in addition, an equally strong commitment to exploring the unexamined assumptions and values that underlie cultures and communities around the world.



~PATRICIA KATSKY
Specialization Chair

ACADEMIC FORMAT

Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices classes take place during three-day sessions (Friday, Saturday, and Sunday) approximately once each month during the fall, winter, and spring quarters. Summer quarter coursework is offered online, along with ongoing practice supervision.

CURRICULUM OVERVIEW

FIRST YEAR

Fall

- Foundations of Depth Psychology for the Healing Professions – DPT 730, 2 Units
- Imaginal and Experiential Dimensions of Therapeutic Practice – DPT 962, 2 Units
- The Art of Scholarly Inquiry and Writing – DPT 784, 2 Units

Winter

- Jungian Psychology and Contemporary Healing I: Applied Theory and Practice – DPT 761, 2 Units
- Relational Psychology I: Psychodynamic and Psychoanalytic Practices – DPT 763, 2 Units
- Archetypal Psychology: Re-Visioning Approaches to the Psyche – DPT 762, 1.5 Units
- Practice Consultation Groups I – DPT 750, 1 Unit

Spring

- Dissertation Development I: Imagination, Calling, and Rigor in Doctoral Scholarship – DPT 832, 2 Units
- The Inner Landscape of Dreams and Active Imagination – DPT 780, 1 Unit
- Cultural Dimensions of Psychological Life: Engaging Collective Trauma, Cultural Healing, and Social Justice – DPT 830, 2 Units
- Practice Consultation Groups II – DPT 751, 1.5 Units

Summer (online)

- Healing Narratives: Writing Compelling Practice Studies and Client Stories – DPT 785, 2 Units
- Practice Consultation Groups III – DPT 850, 1 Unit

SECOND YEAR

Fall

- Depth Approaches to Psychopathology – DPT 760, 2 Units
- Dissertation Development II: Qualitative and Mixed Methods Research – DPT 782, 2 Units
- Sex and the Spirit: Integrating Jungian and Depth Approaches to Sexuality – DPT 961, 2 Units
- Practice Consultation Groups IV – DPT 851, 1.5 Units

Winter

- Eco-Spirituality and Eco-Therapy: Nature as Healer – DPT 732, 2 Units
- Interpersonal Neurobiology, Affective Neuroscience, and Depth Psychology – DPT 870, 2 Units
- Special Topics I: Digital Life and Emerging Cultural Phenomena – DPT 974, 1.5 Units
- Practice Consultation Groups V – DPT 852, 1 Unit

Spring

- Relational Psychology II: Working with Narcissism, Borderline States, and Addictions – DPT 863, 2 Units
- Psyche and the Sacred: Psychology and Spirituality in Dialogue – DPT 920, 2 Units
- Dissertation Development III – DPT 942A, 1 Units
- Practice Consultation Groups VI – DPT 950, 1.5 Units

Summer (online)

- Working with Illness and Death: East-West and Depth Perspectives on Suffering – DPT 894, 2 Units
- Practice Consultation Groups VII – DPT 951, 1 Unit
- Written Comprehensive Examination – DPT 899, 1 Unit

THIRD YEAR

Fall

- Jungian Psychology and Contemporary Healing II: Engaging Complexity and Diversity – DPT 861, 2 Units
- Special Topics II: Religious Fundamentalism, Terrorism, and the Problem of Evil – DPT 992, 2 Units
- Practice Consultation Groups VIII – DPT 952, 1.5 units
- Dissertation Development IV – DPT 942B, .75 Units

Winter

- Body, Mind, and Soul in the Healing of Trauma: Somatic, Neurological, and Archetypal Approaches – DPT 975, 2 Units
- Enacting the Oral Tradition: Oral Comprehensive Presentation – DPT 994, 2 Units
- Practice Consultation Groups IX – DPT 957, 1.5 Units
- Dissertation Development V – DPT 942C, .75 units

CONTINUING

- Dissertation Writing – DPT 999, 15 Units

Total program units: 74 Units (59 Units in coursework, 15 Units in dissertation)

The program will also feature a series of special seminars and lectures on a range of important practice areas, such as: Addictions, Dream Tending, Family Systems Theories, Organizational and Group Dynamics, Jung and Shamanism, Expressive and Therapeutic Arts, Healing Mythologies, Shadow and Power in the Healing Professions, Joseph Campbell and Mythic Journeys Through the Underworld, Evolution of Jungian Analysis, James Hillman's Cultural Critique of Psychology, Chinese Healing Arts, Inner Life and Trauma, Jung's Red Book, Indigenous Healing Traditions, Treating the Soul in the Health and Medical Professions, Yoga Therapy, Therapeutic Vocations and Careers, and other current issues and movements influencing the healing professions.

This curriculum may vary depending upon changing academic needs. Selected courses may have online components. The required two-year dissertation period, following coursework, focuses on scholarly research and writing.

This degree program is accredited by the Western Association of Schools and Colleges (WASC).

For gainful employment information, visit pacific.edu/gainfulemployment

Ph.D. in Depth Psychology

With Specialization in Integrative Therapy and Healing Practices

The Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices requires master's-level education and training in a distinct healing-oriented profession. The program is ideal for diverse practitioners in the following professions, including (partial listing):

Psychotherapists and Psychologists

Marriage and Family Therapists, Social Workers, and Professional Counselors (licensed or pre-licensed)

Health and Medical Professionals (Nursing, Physicians, Allied Health Providers)

Jungian Analysts and Psychoanalysts

Specialized Addiction and Treatment Counselors

Expressive Arts Therapists

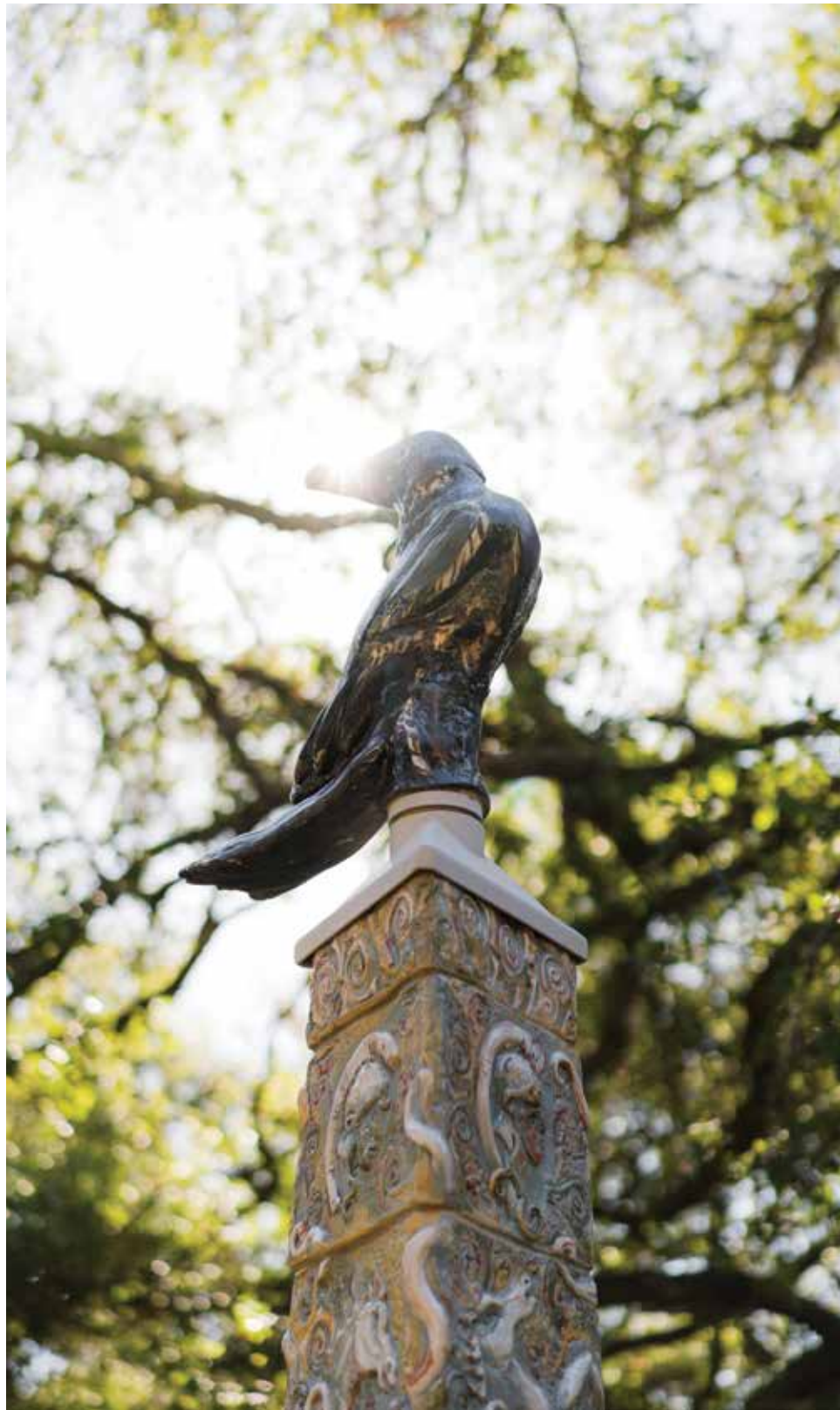
Spiritual and Pastoral Counselors

Health and Wellness Practitioners with Advanced Training

Other Qualified Consultants and Counselors

...the call may have been more like gentle pushings in the stream in which you drifted unknowingly to a particular spot on the bank. Looking back, you sense that fate had a hand in it.

~James Hillman



STUDENTS IN THE INTEGRATIVE THERAPY AND HEALING PRACTICES SPECIALIZATION:

Join a doctoral cohort of diverse professionals collaborating and deepening their work with clients and themselves.

Explore the growing field of depth psychological research and develop perspectives that help address the critical needs of our world.

Develop a greater capacity to work symbolically with images, dreams, symptoms, complexes, and synchronicity.

Work towards becoming advanced practitioners, academic educators, supervisors, or scholarly researchers in the field.

Examine the critical underpinnings of therapeutic processes and the broad range of theoretical approaches to mental, physical, and spiritual well-being.

Build mentoring relationships with distinguished faculty and experts devoted to supporting students in deepening their practice and their individuation journey.

Study the works of leading scholars who have bridged psychological, cultural, mythological, historical, and social traditions to advance broader understandings of human experience.

Develop advanced skills in important practice areas, such as somatic healing, sexuality, dream work, and spirituality.

Investigate the important connections between the health of an individual or group and the health of their environment and culture through courses that consider ecology, collective trauma, social justice, and cross-cultural dynamics.

Your vision will become clear only when you can look into your own heart.

~C.G. Jung



It's been a very transformational journey. I always felt supported and inspired here. It was so rich to be able to engage in meaningful dialogue with people who thought and felt the same way. My time on campus was like coming home to a family where you all speak the same language. Pacifia's message—tending the soul of the world—has resonated with me from the beginning. It speaks to how when we attend to one individual, we are simultaneously tending the world's collective soul, as we are all interconnected.

ANGELA DEVITA, PH.D.

Depth Psychology Graduate



M.A./Ph.D. in Mythological Studies

WITH EMPHASIS IN DEPTH PSYCHOLOGY

As the only doctoral program in the country dedicated to the exploration of human experience through the interdisciplinary and multicultural study of myth, ritual, religion, literature, depth psychology, and art, the Mythological Studies Program cultivates scholarship, self-inquiry, and imagination in those who seek to understand and express the depths of the psyche. The program is richly informed by the pioneering works of Sigmund Freud, C.G. Jung, Marie-Louise von Franz, James Hillman, and the renowned mythologist, Joseph Campbell, who taught that myth has the power to touch our deepest creative energies, and to generate symbolic images that confer significance upon the complexity of modern life and history. It thrives on paradox, ambiguity, and the shape-shifting ways that metaphor informs and transforms our lives. Cultivating the mythic imagination leads to self-revelation and a profound and dynamic understanding of cultures—both our own and others.

The curriculum is animated by two basic questions: How is this material meaningful my life and work, and how is it meaningful to the world within which I live? The coursework provides a sustained inquiry into the diverse mythologies of the world, situating them in the global context of the postmodern world. Throughout the program, students engage in the close reading of classic works of world literature, including Homer's *Odyssey*, the *Ramayana* and *Mahabharata*, medieval grail legends, and fairy tales. The rituals and contemplative practices of religious traditions are investigated along with mythic and archetypal aspects of modern literature, contemporary events, and popular culture. Several methods of scholarly interpretation are taught with a special emphasis on the hermeneutical approaches of depth psychology.

Myth has the power to touch and exhilarate the deepest creative energies of the psyche, and to generate symbolic images that confer shape and significance upon what often seems the chaotic anarchy of contemporary life. Engaging those energies in the experience of deep reading, writing, and discussion in the classroom has been the joy of my career as a teacher and writer. To transmit that joy to the next generation, in challenging times of radical change; to tend the soul that animates the world; and to continue the inspired quest for myths to live by—these are the responsibilities that fuel my passionate engagement in the mission of Pacifica.



~ EVANS LANSING SMITH, Program Chair

Students consolidate their learning through a sequence of integrative studies process courses, featuring guest lectures by alumni who utilize their training professionally as well as distinguished faculty members from other Pacifica programs, including Stephen Aizenstat, Susan Rowland, and Joseph Cambray.

Mentoring throughout the program is available from core faculty members, and a student literary journal and online academic journal provide students with opportunities for publication. The curriculum is further augmented by an annual colloquium given by distinguished guest scholars—such as Robert Segal (University of Aberdeen), Maria Tatar (Harvard University), and Jeffrey Kripal (Rice University)—who address critical issues in the contemporary study of myth and modern culture.

ACADEMIC FORMAT

The Master of Arts degree is awarded after the first two years of study and a comprehensive examination. The program continues with a third year of classes including a sequence of research courses and the development of an acceptable concept paper for the dissertation. The fourth and fifth years of study focus on dissertation writing and research. Continuing supervision is provided for the completion of the dissertation.

Mythological Studies classes take place once each month during fall, winter, and spring. There is also one five-day summer session each year.

CURRICULUM OVERVIEW

FIRST YEAR

Fall

- Greek and Roman Mythology – MS 505, 2 Units
- Approaches to Mythological Studies – MS 620, 2 Units
- Dreams, Visions, Myths – MS 521, 2 Units
- Special Topics in Mythological Studies – MS 599a, .5 Units

Winter

- Arthurian Romances of the Holy Grail – MS 502, 2 Units
- Epic Imagination – MS 604, 2 Units
- Hindu Traditions – MS 503, 2 Units
- Special Topics in Mythological Studies – MS 599b, .5 Units

Spring

- Myth and Philosophy – MS 515, 2 Units
- Jungian Depth Psychology – MS 511, 2 Units
- Ritual and the Embodied Imagination – MS 603, 2 Units
- Special Topics in Mythological Studies – MS 599c, .5 Units

Summer

- Colloquium – MS 540, 1 Unit
- Mythic Motifs in Cinema – MS 626, 3 Units

SECOND YEAR

Fall

- Folklore & Fairy Tales – MS 602, 2 Units
- Greek and Roman Mythology II – MS 705, 2 Units
- Buddhist Traditions – MS 605, 2 Units
- Special Topics in Mythological Studies – MS 699a, .5 Units

Winter

- Personal Myth and Creative Writing – MS 613, 2 Units
- Archetypal Psychology – MS 611, 2 Units
- African & African Diaspora Traditions – MS 506, 2 Units
- Special Topics in Mythological Studies – MS 699b, .5 Units

Spring

- Native Mythologies of the Americas – MS 522, 2 Units
- Psyche and Nature – MS 615, 2 Units
- Cultural Mythologies I – MS 514, 2 Units
- Special Topics in Mythological Studies – MS 699c, .5 Units

Summer

- Colloquium – MS 640, 1 Unit
- Myth and the Underworld – MS 619, 3 Units
- Integrative Studies – MS 630, 1 Unit

THIRD YEAR

Fall

- Methods and Contemporary Issues in Religious Studies – MS 720, 2 Units
- Hebrew and Jewish Mythology – MS 702, 2 Units
- Islamic Traditions – MS 608, 2 Units
- Special Topics in Mythological Studies – MS 799a, .5 Units

Winter

- Christian Traditions – MS 703, 2 Units
- Sex and Gender – MS 609, 2 Units
- Cultural Mythologies II – MS 614, 2 Units
- Special Topics in Mythological Studies – MS 799b, .5 Units

Spring

- Evolving God-Images and Postmodernity – MS 711, 2 Units
- Research Strategies for Dissertation Writing – MS 730, 2 Units
- Dissertation Formulation – MS 733, 2 Units
- Special Topics in Mythological Studies – MS 799c, .5 Units

Summer

- Colloquium – MS 740, 1 Unit
- Myths of the Self: Memoir and Autobiography – MS 726, 3 Units

CONTINUING

- Dissertation Writing* – MS 900, 15 Units
- Self-Directed Studies – MS 750, 3.5 Units

*Writing projects for this course take place away from campus.
This curriculum may vary depending upon evolving academic needs.

The required fourth and fifth years of study focus on reading, research, and dissertation writing.

Myth is the foundation of life, without which the individual would not know how to conduct himself at all; he would be confused, helpless, unstable in his own self regard.

~Thomas Mann

This degree program is accredited by the Western Association of Schools and Colleges (WASC).
For gainful employment information, visit pacifica.edu/gainfulemployment

M.A./Ph.D. in Mythological Studies

WITH EMPHASIS IN DEPTH PSYCHOLOGY



At the cusp of a paradigm shift in which outmoded mechanistic, reductive modes of thinking are being replaced by a more complex, reanimated worldview, the study of myth, story and fable has an exciting new relevance. The revival of meaning as a fundamental dimension of reality percolates throughout the new, emergent cosmology. The study of myth can help guide us with its storehouse of narratives and images, facilitating our personal and collective transition into a more vibrant reality.

Myth reveals the unconscious narratives of past and present, making the study of myth vitally important to our times. Issues of faith and violence, sexuality and gender, the sacred and the secular, all co-mingle in the history of world religions and literature to comprise the interdisciplinary tapestry that is mythological studies.

Pacifica's Degree Program in Mythological Studies invites students to understand the mythological, folkloric, and archetypal structures of the stories that play out in many different arenas all around us—culture and the arts, the environment, education, and religion. The Program explores new ways to detect and study the mythic and folkloric motifs revealed in current events, tell stories, and mentor others in the use of storytelling as a tool of cultural transformation and renewal. Drawing inspiration from the works of Joseph Campbell, Sigmund Freud, and C. G. Jung, and guided by internationally recognized scholars, authors, and educators, students craft research projects specific to their interest and concerns.

MYTHOLOGICAL STUDIES CAREER APPLICATIONS HAVE INCLUDED:

Educator

Therapist

Screenwriter

Playwright

Novelist

Organizational Storyteller

Literary and Film Critic

Performance Artist

Graphic Artist

Life Coach

Video Game Producer

Consultant

Environmentalist

Social Activist

Story was our ancestors' most sacred possession. They knew what we do not: that without a founding story, you haven't got a nation, or a culture, or a civilization. And without a story of your own, you haven't got a life of your own.

—Tom Blue Wolf,
Cree Elder and
Storyteller

INQUIRY IN THE CURRICULUM IS SUSTAINED THROUGH COURSEWORK SEQUENCES THAT INVESTIGATE:

Similarities and differences that may be discerned within and between Hindu and Buddhist traditions in the East, and Abrahamic traditions of Judaism, Christianity, and Islam in the West.

The relationship between ritual, oral traditions, and indigenous cultures.

Literature courses focusing on the Arthurian romances, alchemy, epics, mythologies of the underworld, and folklore that begin with the classics of the canon and progress towards contemporary and postmodern re-visionings in literature, film, music, and art history.

Personal development courses on dreams, visions, and myths; personal mythology and creative writing; evolving God-images in the context of postmodernity; and memoir and autobiography.

Depth psychological courses devoted to perspectives of C.G. Jung, Joseph Campbell, and James Hillman.

Research courses on theoretical approaches to the study of myth, myth and philosophy, methods, and contemporary issues in religious studies and dissertation writing.



*I did not know that I
was living a myth, and
even if I had known it,
I would not have known
what sort of myth was
ordering my life without
my knowledge. So, in
the most natural way,
I took it upon myself to
get to know “my” myth,
and I regarded this as
the task of tasks.*

~C.G. Jung



What drew me here was the Joseph Campbell Library and the real focus on comparative mythology. What kept me here was the quality of the teaching and the incredible student community. I’ve worked in biotechnology for 30 years. The people I work with tell me I became a better scientist after going through the myth program at Pacifica.

CHRIS CLOGSTON, PH.D.
Mythological Studies Graduate



I could have gone to an MFA program to develop my writing; instead I came to Pacifica to learn the eternal languages of story and psyche, archetype and symbol.

WILL LINN, PH.D.
Mythological Studies Graduate



STUDENTS IN THE ENGAGED HUMANITIES PROGRAM:

Discover strategies for tapping into the deep well of the collective unconscious as a source of creativity.

Study how people working in any creative capacity inspire and influence each other.

Increase their generativity and cultivate their aesthetic sensibility and sensitivity by being in constant conversation about the creative life with faculty and peers, with great literature, classic films, and works of art spanning diverse genres, cultures, and periods of time.

Find rich sources of inspiration in the humanities, including the study of mythology, philosophy, psychology, history, literature, and ecology as they affect the art and craft of living and working artfully.

Complete two substantial creative projects and reflect upon their creative process.

Receive a degree that expands their vocational options and opens up new career possibilities.

M.A. in Engaged Humanities and the Creative Life

WITH EMPHASIS IN DEPTH PSYCHOLOGY

In today's rapidly changing world, we are constantly called to yield to a new creative movement—as Joseph Campbell writes—to recreate all fields and invent new forms, structures, designs, and products that address the needs of our era. Campbell says, “we are participating in one of the very greatest leaps of the human spirit,” fueled by the creative impulses manifested by new sciences, technology, the arts, and humanities, and democratized by the internet. Never before has it been so easy to share in the creative process and products of humanity. The wisdom traditions of the humanities and depth psychology influence the arts and digital media, informing and enriching the creative life. In fact, the world itself has its own creativity, manifested in the archetypes of the collective unconscious, whose symbols, images, metaphors, and movements are all the *prima materia* for this creative movement.

This M.A. program's approach is broad, highly interdisciplinary, and satisfying for those who seek to combine intellectual exploration with creativity. Honoring Pacifica's mission to tend soul in and of the world, the program merges artmaking and soulmaking, supporting students in tending to their souls by tending to their creative lives. Intellectual rigor is uniquely combined with creative expression, encouraging dialogue among students and faculty with a focus on expanding individual and collective potential to contribute to the humanities. The program is designed for those who seek to live and work more creatively, or foster creativity in themselves and others—including anyone in the visual, performing, narrative, studio, and media arts; the creative side of advertising, marketing, and product development; teachers of art, literature, and the humanities; or professionals in fields such as architecture, interior design, fashion, and the film, television, and music industries.

How can the psychology of the creative unconscious help you find the numinous, offer spiritual inspiration, and deepen you in art? The M.A. in Engaged Humanities and the Creative Life is a unique program designed to develop creativity through a potent combination of the soul of the imagination, humanities resources, and arts practice.



~ SUSAN ROWLAND
Program Chair

ACADEMIC FORMAT – A BLENDED ONLINE/LOW-RESIDENCY PROGRAM

This degree program takes advantage of online distance-learning technology that allows students to work and learn in their home environments. Additionally, once each quarter, students gather on Pacifica’s Ladera Lane Campus for a four-day weekend (Thursday, Friday, Saturday, and Sunday) in a retreat-style residence. During these on-campus sessions, students have access to the Institute’s extensive resources and are able to further community involvement and professional collaboration. They join classmates from around the world in forming professional relationships and networks of like-minded individuals. This convenient format brings Pacifica’s graduate degree programs to global citizens and the lifelong learners who otherwise might not be able to fulfill their educational calling.

The M.A. Program in Engaged Humanities and the Creative Life provides an education in the humanities informed by mythology and depth psychology. The program’s unique learning format combines the best aspects of a connected, heartfelt, interpersonal experience with the convenience of distance-learning technology.

CURRICULUM OVERVIEW

FIRST YEAR

- Creativity and Aesthetic Sensibility – HMC 100, 3 Units
- Joseph Campbell and the Mythmaker’s Path – HMC 110, 3 Units
- The Complex Nature of Inspiration – HMC 120, 3 Units
- Creative Influence Across the Humanities – HMC 130, 3 Units
- The Expressive Power of Archetypes – HMC 140, 3 Units
- C. G. Jung, Individuation, and the Symbolic Life – HMC 150, 3 Units
- The Purpose and Power of Image – HMC 160, 3 Units
- Project Workshop I: Creative Dialogue and Design – HMC 170, 3 Units

*For its reach is cosmic and earthy; it
is down in the dirt as well as reaching
for the stars. Even the loneliest
meteor circles round some distant
sun, or hesitantly draws near to a
cluster of brother meteors. Everything
hangs together with everything else...
This is undoubtedly the same as the
idea of an absolute God... But which
of us can pull himself out of the bog
by his own pigtail?’*

~Carl Jung

SECOND YEAR

- Active Imagination, Dreams, and Psychic Creativity – HMC 200, 3 Units
- Mythic Narratives: Eternal Sources and Contemporary Inflections – HMC 210, 3 Units
- Time, Place, Space, and the Ecology of Creative Expression – HMC 220, 3 Units
- The Healing Power of Creativity – HMC 230, 3 Units
- The Artist as Activist and Agent of Social Change – HMC 240, 3 Units
- OR
- The Purpose and Power of the Moving Image – HMC 180 Units
- Technology and the Psyche – HMC 250, 3 Units
- Creativity, Vocation and Alchemical Work – HMC 260, 3 Units
- Project Workshop II: Creative Expression and Reflection – HMC 270, 3 Units
- Selected Topics in Engaged Humanities – HMC 280, 3 Units*

This curriculum may vary depending upon changing academic needs.

* This course may replace any of the above, and the curriculum may vary depending upon evolving academic needs.

This degree program is accredited by the Western Association of Schools and Colleges (WASC).
For gainful employment information, visit pacifica.edu/gainfulemployment

M.A. in Engaged Humanities and the Creative Life

WITH EMPHASIS IN DEPTH PSYCHOLOGY

WHY “ENGAGED” HUMANITIES?

How does this adjective reflect and inflect this degree program? “Engage” is actually a late Middle English term that means to pledge oneself to do something. This is no ivory tower program where we sequester ourselves away to look down upon the humanities from a distance. Instead, we promise an engagement with the humanities, and pledge ourselves to do something with our studies. This “something” can be summarized in Pacifica’s motto—*anima mundi colendae gratia*—for the sake of tending soul in and of the world. We engage with the humanities to tend to our souls, and the souls of those around us. We engage with the humanities to see how soul has been tended by those around the world for millennia, and we pledge to continue to tend the soul of the world.

And how do we do that? We do it through engaging with our creative life, both our personal creative life and the creative life of humanity, as expressed through literature, history, religion, mythology, art, healing practices, etc. We cultivate our inner life through the wisdom tradition of depth psychology, and make a space in this place for the expression of our psyches in whatever creative format calls to us. You don’t have to be an artist to join us—this is not an MFA program (though artists are certainly welcome). You do have to be committed to artful living, to exploring the art of living in full partnership with the creative, dynamic unconscious that lives within and around you.

In this sense, it could be called Engaged Humanities and the Co-Creative Life, because this program is all about providing students with both an academic and an experiential knowledge of, and engagement with, the creative, dynamic unconscious which seeks expression through them. But it is co-creative in another sense—and here’s the jewel in the crown. Can you imagine what it’s like to take a group of committed students and put them together in a cohort and then give them permission to unleash their creativity? They’re off and running, and to borrow from Dr. Seuss, oh the places they’ll go! Sparks fly, one person’s flame fans another, then another, and suddenly they’re all on fire, surprising themselves with their own burning light—the light that was there all along, just waiting for the match that a program like this provides.



And as imagination bodies forth
The forms of things unknown, the poet's pen
Turns them to shapes, and gives to airy nothing
A local habitation and a name.

~William Shakespeare

*Your life is much deeper
and broader than you
conceive it to be here.
What you are living is
but a fractional inkling
of what is really within
you, what gives you life,
breadth, and depth. But
you can live in terms of
that depth. And you can
experience it.*

~Joseph Campbell

*The psyche [is] not
just a question-mark
arbitrarily confined
within the skull, but
rather a door that opens
upon the human world
from a world beyond,
allowing unknown and
mysterious powers to act
upon man and carry him
on the wings of the night
to a more than personal
destiny.*

~Carl Jung



I have been a poet and a painter for more than 20 years, and I consider myself to be a lifelong seeker. When I came to Pacifica, I felt that I truly had found a home. The program's hybrid format allowed me to follow the scholarly path and still pursue the other aspects of my life that matter to me. I had a fabulous experience as a student at Pacifica. The active way in which I learned to engage the imagination has been of special value to me.

LISA POUNDER, M.A.

Engaged Humanities and
the Creative Life Graduate

The Application and Admission Process

1 | SUBMIT AN ONLINE APPLICATION

Open your application file by submitting an online application at pacificainstitute.edu. You will be asked to provide general information, prior degrees, and pay a \$75 application fee by credit card. Once the Admissions Office receives this information, an application file will be created and you will be prompted to submit additional documents to complete the application process.

2 | COMPLETE YOUR APPLICATION FILE

Documents Required to Complete Your Application File

DEGREE PROGRAM	Personal Statement	Resumé or CV	Academic Writing Sample	Letters of Recommendation	Official Transcripts
M.A. in Counseling Psychology	Yes	Yes	300-word Essay	2 Letters with Recommendation Form	Yes
Ph.D. in Clinical Psychology	Yes	Yes	Minimum 10 page Academic Writing Sample and Additional 1 to 2 Pages on Your Interest in Depth Psychology	3 Letters with Recommendation Form	Yes
Psy.D. in Clinical Psychology	Yes	Yes	Minimum 10 page Academic Writing Sample and Additional 1 to 2 Pages on Your Interest in Depth Psychology	3 Letters with Recommendation Form	Yes
M.A./Ph.D. in Depth Psychology with Specialization in Somatic Studies	Yes	Yes	8-10 page Academic Writing Sample	3 Letters with Recommendation Form	Yes
M.A./Ph.D. in Depth Psychology with Specialization in Jungian and Archetypal Studies	Yes	Yes	8-10 page Academic Writing Sample	3 Letters with Recommendation Form	Yes
M.A./Ph.D. in Depth Psychology with Specialization in Community Psychology, Liberation Psychology, and Ecopsychology	Yes	Yes	Minimum 10 page Academic Writing Sample	3 Letters with Recommendation Form	Yes
Ph.D. in Depth Psychology with Specialization in Integrative Therapy and Healing Practices	Yes	Yes	8-10 page Academic Writing Sample	3 Letters with Recommendation Form	Yes
M.A./Ph.D. in Mythological Studies	Yes	Yes	8-10 page Academic Writing Sample	3 Letters with Recommendation Form	Yes
M.A. in Engaged Humanities and the Creative Life	Yes	Yes	4-7 page Academic Writing Sample	2 Letters with Recommendation Form	Yes

3 | REVIEW BY THE ADMISSIONS COMMITTEE

After you have submitted the required application documents, your completed application file will be sent to the Admissions Committee for review and consideration for an interview. Upon recommendation by the committee, you will be invited to interview.

4 | INTERVIEW

Interviews are a required step in the Pacifica admissions process. The interview addresses a number of important topics concerning the applicant's potential to engage in graduate studies. They include past educational experience, emotional maturity, personal readiness, and experience related to the applicant's chosen program of study and future goals.

Applicants to the M.A. in Counseling Psychology Program are invited to interview in person at the Ladera Lane Campus. Candidates for the Clinical Psychology Programs are invited to interview at the Lambert Road Campus. For all other programs, if you do not live locally, you may be able to interview via phone or Skype. Notifications of the Admission Committee's decision will be sent after the interview.

Pacifica's Office of Admission has designated advisors for each program who will be happy to assist you throughout the application process. The Office of Admission will notify you each step of the way as application file documents are received, and advise you on upcoming deadlines. Admissions advisors are also available to answer questions and provide information on academic calendars, program start dates, suggested reading lists, and how to schedule a campus tour.

Email admissions@pacifica.edu or call 805.879.7305.

5 | ACCEPTANCE

Applicants who have been accepted submit a non-refundable deposit of \$250 and enrollment agreement forms for confirmation. The deposit and forms must be received within 14 days of receipt of acceptance. Those who are unable to attend the current academic year must submit a new application and updated documents in order to be considered for acceptance at a later date.

When a great ship is
in harbor and moored,
it is safe—there can
be no doubt.
But that is not what
great ships are built for.

~Clarissa Pinkola Estes

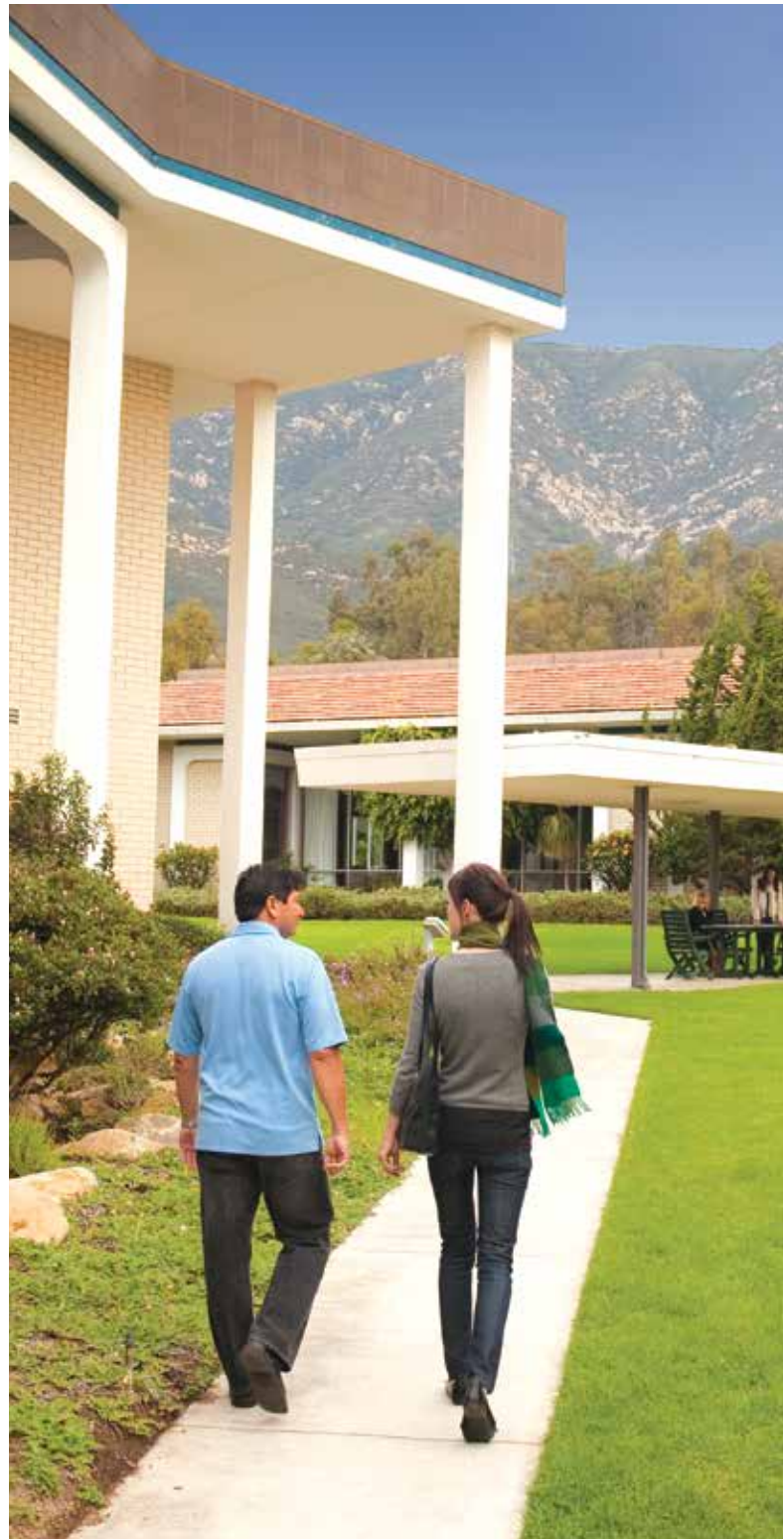
Financial Aid

While the process of financing an education can be challenging, the Financial Aid Office is committed to making this process as manageable as possible. The purpose of financial aid is to provide financial assistance to students enrolled on at least a half-time basis (minimum of three units/quarter) in an eligible program at Pacifica Graduate Institute. Pacifica's Board of Trustees, administrators, faculty, and staff do all they can to ensure a quality educational experience.

Pacifica offers a number of scholarships each year to those applicants who show high financial need and academic merit. Scholarship applications are available by request and on the Financial Aid Office website beginning January 1st. To be considered, all new applicants must be accepted to a program of study, complete the annual Free Application for Federal Student Aid (FAFSA) form using Pacifica's school code (G31268), and submit the scholarship application and essay by the deadlines. International students, instead of the FAFSA, must complete the International Student Addendum with the scholarship application by the deadline. Refer to the scholarship application for details and instructions.

Some students have been successful in their search for outside scholarships. We recommend you research other sources of educational assistance, including foundations, community organizations, your employer, and state agencies for higher education. The Internet is an excellent resource for research. Be aware you should not have to pay for a scholarship search. To begin your search, feel free to go to pacifica.edu and click on Types of Financial Aid.

At the graduate level, the primary sources of funding are loan programs. Pacifica participates in the U.S. Department of Education's Federal Direct Loan program. The Direct Loan program provides students with access to federally Unsubsidized Stafford loans as well as Graduate PLUS loans by allowing students to borrow directly from the U.S. Department of Education rather than a private lender. For more details regarding loan options, visit www.studentloans.gov.



For more information about financial aid options, visit us online at pacifica.edu, call the Financial Aid Office at **805.679.6197** or email financial_aid@pacifica.edu.

Scholarships

COMMUNITY PSYCHOLOGY, LIBERATION PSYCHOLOGY AND ECOPSYCHOLOGY PROGRAM

MATCHING GRANT: Offered to newly admitted students in the M.A./Ph.D. Depth Psychology with Specialization in Community Psychology, Liberation Psychology, and Ecopsychology program. Pacifica will match (through tuition grant) tuition support offered by an incoming student's employer, non-profit organization, sponsoring member of the community, or foundation. The number and amount of individual awards is contingent upon the number of eligible applications received. Applicants should have experience in and commitment to working in community-based settings or on environmental or cultural issues. The matching funds awarded will be renewable throughout a student's course of study in conjunction with their sponsoring source.

FOUNDERS SCHOLARSHIP: Offered to newly admitted students entering the M.A. Counseling Psychology program. The scholarship will be awarded to four students and is renewable, provided recipients meet the required grade point average. Applicants should show high financial need and strong academic excellence.

GLOBAL INNOVATORS SCHOLARSHIP: Offered to newly admitted students entering into one of the following programs: M.A. in Engaged Humanities and the Creative Life, or M.A./Ph.D. Depth Psychology with Specialization in Jungian and Archetypal Studies. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required grade point average.

HERMAN WARSH SCHOLARSHIP: Offered to newly admitted students entering the M.A./Ph.D. in Depth Psychology with Specialization in Community Psychology, Liberation Psychology, and Ecopsychology program. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required grade point average.

JUNG/FREUD CLINICAL PSYCHOLOGY

SCHOLARSHIP: Offered to newly admitted students entering the Ph.D. or Psy.D. Clinical Psychology program. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required grade point average.

EDUCATION ASSISTANCE: Offered to new and returning students based on extreme financial hardship and strong academic excellence. This scholarship is not renewable and students must apply each academic year.

JOSEPH CAMPBELL SCHOLARSHIP: Offered to newly admitted students entering into the M.A./Ph.D. in Mythological Studies program. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required grade point average.

MARION WOODMAN SCHOLARSHIP: Offered to newly admitted students entering into the M.A./Ph.D. in Depth Psychology with Specialization in Somatic Studies. The number and amount of individual awards is contingent upon the number of eligible applications received. This scholarship is renewable, provided recipients meet the required grade point average.

PEACE CORPS PAUL D. COVERDELL FELLOW

PROGRAM: The Peace Corps, in partnership with Pacifica, is pleased to offer the Paul D. Coverdell Fellowship Program to returned Peace Corps volunteers.

POST 9/11 GI BILL-YELLOW RIBBON

SCHOLARSHIP: Up to ten Yellow Ribbon Scholarships are offered each year for qualifying Veterans under the Post 9/11 GI Bill on a first-come, first-serve basis.

SEGAL AMERICORPS MATCHING SCHOLARSHIP:

Offered to qualified AmeriCorps Alumni enrolled in one of our Master or Doctoral programs. A total of five new scholarships will be available on a first-come, first-serve basis.

Students are encouraged to apply for all applicable scholarships. However, scholarships cannot be combined with other Pacifica Graduate Institute Scholarships. Only one scholarship can be awarded per student.

Alumni Association



**ALUMNI
ASSOCIATION**
PACIFICA GRADUATE INSTITUTE

The Alumni Association of Pacifica Graduate Institute fosters relationships at the Institute and beyond. With more than 4,000 members and over 30 regional chapters across the United States and Canada, Pacifica's Alumni Association works to cultivate and deepen connections between the Institute and the alumni

community, with particular attention to assisting and advancing the pursuit of vocational excellence. The Alumni Association strives to stimulate interest, increase involvement, and support the intellectual, spiritual, imaginal, and professional callings of Pacifica alumni.

Students feel the supportive presence of Pacifica's alumni in many ways. The Alumni Association actively enriches relationships among students, alumni, faculty, staff, and community. Through a popular ongoing Alumni Association program, students connect with graduates to gain insights on research resources, career paths, and academic development.

Pacifica's alumni network has a worldwide reach, and its members are active in the fields of depth psychology, mythological studies, and the humanities. The Alumni Association also sponsors a number of events each year to help alumni maintain relationships that truly last a lifetime.

The Alumni Association serves as a family for Pacifica graduates. We find ourselves returning here to rediscover our depth psychological home, our mythological roots, and our individual and shared dreams. Our gatherings with other alumni at home and here on these beautiful grounds serve to reinvigorate and inspire us as we continue our work, tending the soul of the world.

CHARLES CALDWELL, M.A.
Pacifica Graduate and
Alumni Association
Board President

Pacifica expands its mission of tending soul in the world and its reach of transformative education through online seminars, residential workshops, and interactive conferences. These offerings feature distinguished members of Pacifica's faculty, along with internationally-recognized leaders in the arts, sciences, business, and the humanities.

The ever-growing Pacifica community finds its collective voice worldwide in regional gatherings of alumni, residential events held on the Pacifica campuses in Santa Barbara, and through online networks of soul-centered, personalized teaching and learning.



TOPICS COVERED IN RECENT AND UPCOMING PACIFICA PROGRAMS INCLUDE:

THE RADICAL EDGES OF DEPTH PSYCHOLOGY: PSYCHE IN THE 21ST CENTURY

IMAGINATION AND TECHNOLOGY SYMPOSIUM

OFF THE MAT INTO THE WORLD: YOGA, SOCIAL JUSTICE, AND LEADERSHIP TRAINING

TRAUMA AND THE SOUL

DREAM TENDING: ENGAGING AND ACTIVATING DREAMS

YOGA MEETS DEPTH PSYCHOLOGY: CERTIFICATE PROGRAM

ECOTHERAPY AND ARCHETYPAL ACTIVISM

BECOMING A SUPERVISOR IN DEPTH: CERTIFICATE PROGRAM

PSYCHOTHERAPY AS A SPIRITUAL PRACTICE

DEPTH APPROACHES TO VETERAN'S HEALING: CERTIFICATE PROGRAM

Visit pacifica.edu for a complete listing of Pacifica's current program offerings.

PRESENTERS AT RECENT AND UPCOMING PROGRAMS INCLUDE:



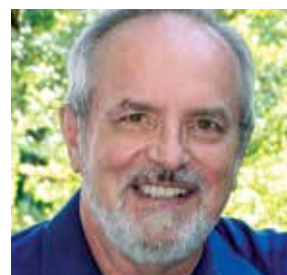
VANDANA SHIVA



KWAME SCRUGGS



HALA KHOURI



THOMAS MOORE



MICHAEL MEADE



MARIAN VILELA

We must be
willing to let go
of the life we
have planned,
so as to have
the life that is
waiting for us.

~E.M. Forster

come to campus

Attend a comprehensive one-day introduction to Pacifica's degree programs. These special events are scheduled throughout the year. Learn more and register at pacifica.edu.

You can visit either campus at your convenience. Contact the Admissions Office at **805.879.7305** to arrange a personal tour.

pacifica.edu

Read the Pacifica Post

Access Pacifica's social media channels

Download a complete course catalog

Chat with an admissions advisor

Submit an online application

View the schedule of upcoming programs at the Retreat at Pacifica

Explore recommended reading lists

Download Pacifica's Financial Aid Guide

For more information on application and admissions procedures, or to arrange a campus visit, please contact the Admissions Office:

admissions@pacifica.edu or call **805.879.7305**



You do not need to be good.
You do not need to walk on your knees
For a hundred miles through the desert repenting:
You only have to let the soft animal of your body
Love what it loves.

~Mary Oliver



PACIFICA
GRADUATE INSTITUTE

